

	Sunday, August 9th	Monday, August 10th	Tuesday, August 11th	Wednesday, August 12th	Thursday, August 13th	Friday, August 14th
5:30pm - 6:30pm	Welcome hangout! (everyone)	Salsa styling / solo moves (Sharon)	to be confirmed: Storytelling (Ben)	If interest: Salsa 2	If interest: storytelling 2	
7pm - 9:30pm	Open hangout	Sex talk (Samantha)	Craft, Chat and Breathe (Faith)	Teen's circle (Zoe & Matthew)	to be confirmed activity with Asa	Substance talk (Matthew)
9:30pm - midnight		Open hangout				Open hangout

Introduction of our amazing teen team:

"My name is Asa, I'm a camp baby, born and raised.

In my course Mind & Body Connection I will demonstrate fundamental movement practices which will help strengthen your body, ground your mind, and feed the soul -maybe some nutrition as well."

"Hey everyone! My name is Matthew. I've been going to camp since I was 8 years old and this is my second year with the teen program. I will be facilitating the substances/drugs talk and co-facilitating the teens circle. The teens circle is a safe space for you all to gather and share what's been going on in your life and what's been on your mind and hearts recently. The substance talk will have a similar format, but with a focus on drug safety, information sharing, and experiences. I will be sending out a google form for anonymous questions that people may have around substances and substance use, so keep an eye out for that! "

"Hey, I'm Marayah the teen program coordinator. I'm also a camp baby, and can very vividly remember being a teen at dance camp which is why I want to make sure you all can at least feel some form of dance camp connection this year as well. I'm here if you have any questions, concerns or ideas regarding this virtual program (mara1594@gmail.com)."

"My name is Faith. This is my third year of camp! Out of camp I'm a therapist. My class is mainly a space to create, catch up, talk about what may be on your mind. Be present, ground and with our community"