



DANCE CAMP 2022
Camp Timber Trails, Tolland, MA
dne.org

electronic + orientation + booklet
e-o-book

[e-o-book]
ē-ou-buk
noun, abbrev.

e-OBook

Notes on the new electronic version of our beloved OBook:

in order to reduce costs, wasted paper and resources, and streamline information sharing, the decision was made to create this in two forms, an electronic and a printable PDF. We sincerely hope it satisfies all the needs of the community and allows for a well-informed Camp.

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Thursday, August 4

Friday, August 5

Saturday, August 6

Sunday, August 7 NOTE: There is no YPP today.

Monday, August 8

Tuesday, August 9

Wednesday, August 10

Thursday, August 11

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Saturday, August 13

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Links, et cetera

Glossary of initialisms



General Guidelines

There is joyous natural bliss as well as risk in the deep woods: we have wild-life, ticks, poison ivy, and rough terrain. Please:

- Keep/bring food only in the area of the Dining Hall and Lawn.
- Do not store ANY food in your tent or cabin to **avoid attracting bears**.
- Do daily tick checks, shower and scrub daily, and wear protective gear. See more info on ticks posted around camp.
- Watch out for poison ivy: “leaves-of-three, let them be; hairy vine, no friend of mine!”
- Wear helmets at all times while riding bikes, and headlights for night riding are a must!
- Always carry your flashlight at night; it gets very dark.

Make sure you check the Big Schedule!

Main Space will be either the Barefoot Ballroom or the Field Tent, subject to change.

Buildings & Campus

- Most cabins do not have electricity. Charging stations will be in the Dining Hall, Barefoot Ballroom, and Lodge.
- The Ranger’s House, Morton, Maintenance, and Jaycee (Cooks’ Cabin) are for authorized access only.

Water & Sewer

- Septic care: While showering daily is great support for tick control, please be aware not to waste water. Using porta-potties can reduce our load! (CTT has a daily water use limit!)
- Only pee, poo, and toilet paper may be flushed, **NOTHING ELSE**. Anything else, including “flushable wipes” will damage the septic system and may cause backups.

Food

- The CTT Dining Hall has a small serving area. Please move quickly through the serving line.
- Don’t take CTT dishes away from the Dining Hall area. We have a limited quantity, and an enormous campus. We hope you brought

your own dishes, but be mindful of the bears.

Waterfront

Safety is of utmost importance. The rules of the Waterfront are written for everyone's safety. Non-compliance carries serious risk and repercussions; violators may be sent to the Peace Council and/or asked to leave campus. See the [Waterfront section](#).

Nudity Policy: Where is Clothing Optional?

- The main waterfront is clothing-optional at all times. The smaller waterfront is bottoms-required at all times. While it won't be someone's job to enforce either waterfront's policy, please respect the rules as our policy was revised based on feedback from 2018 in order to accommodate as many needs as possible.
- Bottoms must be worn by everyone in the YPP area, Teen program area, Dining Hall, and in classes, unless the teacher states otherwise. Elsewhere in camp, for hygienic purposes everyone must place something between their bare bottom and any human-made structure.
- Please practice mindful boundaries around consent, touch, and general comments in a clothing optional environment. Photography and videography of nude/partially nude persons must be done with consent in light of the sensitive nature of these images.
- **In general, do not ever take any photos of nude humans.** Publishing or distributing photos anywhere (internet, newsletter, Facebook, websites, YouTube, postal mail, email, cell phone, etc.) without the express written consent of every recognizable individual in the shot is against the [Safety Statement](#) and potentially illegal, and actions could be taken against the taker and/or poster of the images. *All photos should have everyone's consent, nude or clothed.*

Smoking & Vaping

To reduce risk of fire, smoking and vaping is allowed only on East Otis Rd. Extinguish and dispose of all butts with care.

Tenting rules

- Tents must be farther than 100 feet from water and wetlands.
- The dam needs protection. No tents on or near it.
- No tenting near the Caretaker's dwellings and the Staff Only Cook's Cabin (Jaycee).
- Camping in the main parking lots is not allowed. RV and Car Camping is allowed in designated areas only, with permission from the Camp Coordinator.
- The maintenance/Morton building area is a No Tenting area.
- No tenting on the Playing Field or the field next to the Barefoot Ballroom (these are leach fields). Tenting close along the edge of the trees next to these fields is OK - use tent stakes shorter than 5 inches to be safe.
- Do not set up your tent on or near walking paths: do not have your tent cords on walking paths. People may trip on the cords, bringing down your tent & causing injury. Flag your tie downs to keep them visible.
- DO NOT take a cabin bed if you are tenting. Leave mattresses in the cabins.
- DO NOT bring cabin mattresses into tents.

Arrivals & Checking In

Please plan to arrive during an arrival window as we are requiring immediate check in and wristbands for everyone who is at Dance Camp. This is so we can confirm everyone in attendance is registered.

Arrival windows:

- Wednesday, Aug. 3: 3pm -8pm
- Sunday, Aug. 7: 3pm- 8pm
- Tuesday, Aug. 9 3pm - 8pm

During most of the pre-scheduled arrival times there will be WISH (Welcome, Information, Support, and Hugs) on duty to assist you with getting oriented, plus you will be given a parking permit for your car.

Registration Check In and Chores will be open for you to take care of business during the times listed above, as well as:

- Thursday, Aug. 4: 10am-12pm
- Monday, Aug. 8: 10am - 12pm
- Wednesday, Aug. 10 10am -12pm

Welcome!

This is the 43rd Dance Camp! We come from Massachusetts, Connecticut, New York, New Hampshire, Vermont—and all over the world. Founding Member Dances were Dance Friday and Dance Spree in Massachusetts, Barefoot Boogie in New York, and the now-closed Dance Hartford and Dance Haven in Connecticut. Freestyle Frolic joined as a Member Dance in 1998. These are all consensus governed, cooperatively volunteer-run, non-profit organizations.

Are you New to DNE?

Dance Camp can be a lot to take in all at once. In the Dining Hall there are Bulletin Boards, a Photo Board with pictures of the people who can help, and more. Ask the people around you for help; answers abound from all here at DNE!

IN CASE OF EMERGENCY

Leadership On Call: non-life-threatening emergency-only number:
(413) 342-0148

Camp Timber Trails's address: 1266 East Otis Rd, Tolland, MA 01034

CALLING FOR HELP

DNE operates a campus-wide EMERGENCY RADIO SYSTEM. Radios are located in:

- Wellness Center, Dining Hall, Barefoot Ballroom, Waterfront
- As well as in numbered orange bucket shelters along the camp roads. All Emergency Radios are labeled and have instructions.
Do NOT take the emergency radios away from their stations.

Many cell phone carriers do not have reception at CTT. If you have good reception, dial 911 & follow guidelines for the particular emergency, below.

Severe Weather (microburst, tornado, or lightning strike):

- There is a siren located in the Dining Hall immediately to the left of the main door. It is audible throughout most of the property.
- If you hear this siren, seek shelter inside a building immediately, NOT in a TENT, nor under a tree. *Tents are not safe in a lightning storm. Metal and fiberglass poles can conduct electricity; also beware of tree limbs falling from wind or a lightning strike onto a tent.*

In Case of Fire

- If a fire is small enough to put out with a pump sprayer try to extinguish it (located in each Cabin Cluster's Lavatory).
- Send a runner to the nearest EMERGENCY RADIO. To operate the radio, follow the directions printed on the Orange Bucket.
- Very clearly, say the EMERGENCY RADIO NUMBER, your name and a brief description of the nature of the emergency. Wait for a response and follow any given instructions. If the location of the incident is out of line of site of the Orange bucket, report that location info also.
- If no response, repeat #3.
- The following Buildings (not cabins), have fire extinguishers: Lodge, Registration Office & Chores, Dining Hall, Health & Wellness, Accessibility & Inclusion, Shower house, Cooks' Cabin.

CALL FOR MEDICAL HELP (AMBULANCE)

If you have GOOD cell phone service:

- Dial 911. Follow their instructions.
- There are 3 entrances to the property. Direct Emergency Responders to the "Welcome Center at the Main Entrance, Camp Timber Trails, 1266 E Otis Rd, Tolland, MA 01034". Send a runner to meet the Emergency Responders.
- After 911 has been called, locate the nearest EMERGENCY RADIO, and use the radio to inform Camp's on-call staff of the nature of the emergency and actions taken.

Incident far into the woods:

1. One person stay with the victim.
2. Send a runner to the nearest EMERGENCY RADIO.
3. Clearly say the EMERGENCY RADIO NUMBER or LOCATION, your name, and a brief description of the emergency. Wait for a response and follow any given instructions. If the incident location is out of line of sight of the Orange bucket, report that location also.
4. If no response, repeat #3.

Waterfront Emergency

1. When a lifeguard blows their whistle 3 times, all people must exit the water.

2. If a lifeguard needs more help, you may be directed to get the EMERGENCY RADIO.
3. The Waterfront Emergency Radio is on the wooden structure in the middle of the beach.

AED (Automatic External Defibrillator)

The AEDs are in the Wellness Center & the Barefoot Ballroom, to be used only for cardiac arrest. An EMERGENCY RADIO will be carried and monitored by the Camp Coordinator, who will send DNE-trained responders if available and any other First Responders for the emergency. *See the Photo Board in the Dining Hall for who's on duty.*

Dance New England is Us

Dance New England is community: working and playing together. We are far more than a festival or fun event, we make it happen. Together, we create Camp, and it would not happen without the thousands of hours of work given generously by our community.

DNE is a 501(c)(3); donations are welcome and tax-deductible. Contact the [Bookkeeper](#) for more information.

Mission Statement

Dance New England brings together a community of member dances and dancers. We are united by our love of dance as an empowering community activity.

You can find it on the DNE website here: <https://dne.org/our-mission-and-values-statement/>

Governing Ourselves

Consensus

One of the cornerstones of DNE is consensus, a method of group decision-making that empowers every member and enables all to have an active role in formulating and making decisions. Since its inception, DNE has used consensus, and for many years now has used a variation of the process called "Formal Consensus." See C.T. Butler's book *On Conflict and Consensus*, or

http://wikipedia.org/wiki/Consensus_decision-making

or <http://ic.org/wiki/conflict-consensus/> for more information.

Community Meeting

For our third year, we will be holding Community Meeting via Zoom. Be part of the future of DNE!

Come one, come all to our annual community meeting. We will have reports from the Member Dances, the Finance Committee, and more.

Our most important agenda item is the selection process for deciding who will serve on the DNE Board of Directors. DNE needs your participation, and we can also make it fun.

August 28, 2022 5:00-7:30 PM, with dances and joy breaks!

Timeline for Board Member Candidate Selection Process:

- Nominations due: August 10, 2022; no nominations after this date
- Announcement of Slate: August 17, 2022
- Deadline for Concerns: August 22, 2022
- Resolve Concerns
- Community Meeting: August 28, 2022 5-7:30 PM; pre-meeting dance at 4:00 PM

Membership: In Our Hearts

Membership in DNE is open to anyone who wishes to affirm their connection with the DNE vision and community. Membership is necessary for our status as a non-profit, but to us, it's about our being a community; by joining together we create the organization.

Membership benefits include participation in the consensus process at Community Meetings, access to the community Directory, and the ability to offer Fee for Service or participate in the Store. Membership can be renewed yearly, at any time of year; \$25–\$250 (suggested minimum) and your pledge to volunteer 15 hours or more per year. Contact the Registrar, during posted hours, or registrar@dne.org. Dance New England is a 501(c)(3) non-profit organization.

Volunteering

DNE runs on volunteer energy; it's from this volunteer spirit DNE was born, and it's what makes us a community today. You or your friends have filled many jobs in order to make this Camp happen, in addition to chores. See Michael Swerdloff, our Volunteer Coordinator, to match your skills and interests with rewarding volunteer opportunities via email volunteering@dne.org, or find him directly around camp.

OF NOTE: There will be a brief Shining & Rising Star Awards ceremony

to honor our stellar volunteers. Please come! (See the Big Schedule.)

DNE Leadership Year-Round

Board of Directors (the Board)

Board meetings are held throughout the year and announced to the community in advance. Meetings are open for observing, and we welcome you to attend. Meeting minutes are posted to the business pages of the DNE website at <http://dne.org/business>. The Board has purview of some standing committees, including Board Development, Board Recruitment, Finance, Forums, HR, Member Dances, Membership, Nudity Policy, Safety, and Website.

Managing Coordinator (MC)

Responsibilities for this half-time year-round position include liaising between the Board and all committees; supervising other key staff; making sure committees and all organizational work is moving forward; organizational fundraising; and tracking year round work to ensure it gets completed effectively.

Volunteer Coordinator (VC)

The Volunteer Coordinator coordinates the volunteer workforce at DNE at Camp and throughout the year. They promote and support the core value of volunteerism, as presented in the DNE Mission Statement.

Shining & Rising Star Awards

The **Shining Star** awards are given to exemplary and outstanding volunteers. The Board has generally agreed that there would be 2 recipients per year, with a possible third. Once selected, the Volunteer Coordinator orders awards. These are presented at the Summer Camp or Community Meeting. Criteria for selection have been fluid. They have either related to extraordinary current work or a long history of leadership and service.

Rising Star awards recognize outstanding volunteer contributions from rising stars in the Dance New England community. *See the Big Schedule for more details.*

Virtual Events Coordinator

The Virtual Events Coordinator plans and co-organizes virtual DNE events. This includes hiring teachers, DJs, and other staff for virtual events, handling publicity, and supervising event staff.

Camp Coordinator

The Camp Coordinator oversees and coordinates all aspects of event production for our annual Camp event. They are also a point person for campers, for the outside community, vendors, Camp Timber Trails (CTT, formerly FDNE) and DNE Staff. The position is year-round; responsibilities include attendance at Board of Directors meetings, and contact with vendors, the host camp (CTT), and DNE staff. Ultimately, the role of Camp Coordinator is to facilitate what needs to be addressed at Camp, solve (or avoid) problems, and make things as pleasant as possible. *The Camp Coordinator is the point person in the event of an emergency (along with the Leadership-on-Call member).*

Assistant Camp Coordinator & Camp Problem-Solver

Along with the Camp Coordinator form a team working with committees and volunteers on the smooth production of set up, camp, and take down, problem solving throughout. The Assistant CC is the backup point person in the event of an emergency.

Finance Committee

The Finance Committee meets monthly by videoconference. The Finance Committee has two budget meetings yearly with the Board of DNE to determine the budget.

Treasurer & Bookkeeper

DNE's Treasurer prepares and organizes budget information with help from the bookkeeper for the Board of Directors' budget meetings, and presents financial choices and their consequences to leadership. Provides oversight of Bookkeeper, who handles the day-to-day financial transactions and ensures that all necessary regulatory forms have been filed for DNE in a timely manner.

Registrar

One of the many important cogs in what makes Camp happen. The Registrar processes all the data that comes in with each registration, works with our Database Guru, and works with the Bookkeeper to ensure that everything balances with every registration. They also work with the Registration Committee in areas regarding policy and larger decisions (eg: customization requests). This year the role is being split between three different people covering different facets of the job.

Peace Council

The Peace Council (PC) addresses issues of peace and personal safety at DNE through Conflict Resolution, Mediation, and CARE (which provides empathy sessions), and by convening regularly at camp (and throughout the year) to address issues as they come up. The PC's scope is the peace, justice for safety of individuals, groups or the entire camp community, interpretation or violation of the DNE Safety Statement, conflicts among DNE leaders or official committees, and administration and interpretation of DNE Peace and Justice Policy. Photos of PC members are on the Bulletin Board in the Dining Hall. Visit the PC Table in the Office for: signing up for CARE and Mediation, DNE Peace & Justice Policy, DNE Operations Manual, conflict resolution guidelines, and books on Nonviolent Communication, consensus, and conflict resolution.

Mediation

Nonviolent conflict resolution is a part of our vision for our community. Experienced Mediators are available to help. If you would like to join our team of mediators, please contact: peacecouncil@dne.org Parties In a conflict meet with one or two mediators who assist in understanding underlying interests with the goal of coming to an agreement that is a win/win for all. Mediation is confidential.

CARE (Compassion, Attention, Resources and Empathy)

Counselors, therapists, coaches, and trained listeners are available for a non-judgmental, confidential ear, and to support individuals preparing for mediation. CARE providers wear a turquoise ribbon on their left wrist, their names and photographs are on the Bulletin Board in the Dining Hall, and their bios and cell phone numbers are in the Mediation/CARE sign-up book on the PC table in the Welcome Center (Registration). If you would like to join our team of CARE providers, please contact: peacecouncil@dne.org

Help with a Conflict

Minor conflict: It's best if it can be resolved informally. Get help from friends or others. If the conflict still isn't resolved, sign up for mediation or CARE.

Major conflict (threat of harm, violence, illegal substance use, unauthorized fires, or other violation of the Camp Safety Statement): If PC members, Board members, or trained facilitators are present, let them take the lead. If not, please find someone to alert them for help.

Crew: The Humans Who Make Camp Happen

The Amazing Lineup of our DNE DJs

Alan -

My dance sets were inspired by Gabriel Roth's 5 Rhythm movement practice; the notion of putting the body into motion to still the mind. My sweet spot rhythm is music that is fairly driving, and energetic; 4/4 rhythms in a lower tempo which are hypnotic, and energizing without being too fast.

Andrew -

Epic, heroic, cathartic dance journeys.

Brando -

DJ Brando offers his heart opening soulful soundscapes that seamlessly weave music styles & cultures. A globally blended tapestry of beats, bumps, & basslines that penetrate to the marrow of your bones, spiraling around your undulating spine and unearthing your dancing body.

Dave -

Dave "das Mojo" Sheppard: I have DJ'd at Dance Friday, Dance Freedom and New Paltz's Frolic for 30+ years, as well as live music/ritual events like the CSS Beltane and other fire circles. I'm funky at heart, and spin through dozens of genres from '50s rockabilly thru Funk, Folk, Jazz/Fusion, Art/Glam rock, Disco, Punk, Wave and Electronica.

Dan -

I spin tunes regularly for the freestyle frolic and dance church in the Hudson Valley NY. I play music with a solid dance groove but I am

increasingly drawn to atypical music genres that are deeply danceable including sacred music that aligns us all with our deeper purpose.

Helen -

Sexy sultry beats with a global flavor. Music to inspire partner dancing or rich solo explorations.

Jimi Two Feathers -

was one of the regular DJ's at DF, Dance Spree, Dance Days and DNE in late 70's 80's and 90's. Helped write the first tape makers guide. And made copies of cassettes to distribute to many other dances around the Northeast. Has a record library of over 1500 discs and thousands of MP3's on hard drives. His style is drum and bass, with riddem and global/island tempo changes.

Laura -

DJ Atmosphera learned conscious movement while living in Nairobi, Kenya. Since then she's been a self- taught DJ based in Boston playing the rainbow: from Afro House and Nu Disco to Funk. Her sets are funky and high tempo. She understands the rhythm that generates conscious movement and an atmosphere of authentic expression.

Maggie -

DJ Magster: Maggie Zellner has DJ'd at the Barefoot Boogie, Dance Camp, and the Rise & Shine Shake. She plays an eclectic mix of highly danceable music from many genres, eras, and places. You will experience multiple tempos and textures, old favorites and new surprises, with smooth transitions to keep you plugged in on your dance journey..

Michael -

DJ Mystical Michael has been a DJ for over thirty years. He inspires creative, meditative, and joyful movement with a genre-bending mix of rhythmic and spacious music from around the globe including Dance, Minimalism, R&B, Soul, Jazz, Deep House, Chillout and Percussive Beats. He is co-founder of We Need To Dance in RI.

Nancy -

Nancy has been a DJ for over 30 years playing at all Boston dances, Northampton, New Paltz and NY! She offers a wide variety of dance tunes, DNE favorites and new selections. She often includes world, current hits, Latin, and instrumentals!

Omar -

Omar Aena is of Iraqi descent and is a world music DJ, community or-

ganizer and event producer based in NYC. As a DJ he mixes together traditional world music with electronic sounds, with a particular focus on songs from his middle-eastern heritage + hip hop from his upbringing in NYC. His introduction to Ecstatic Dance was through 5 Rhythms, so his musical curation reflects the emotional soundscape that is represented in the waves of 5Rhythms. You can listen to his DJ mixes here: soundcloud.com/omaraena

Samantha -

Still batch testing my flavors, currently experimenting with a mix of house beats, rap, pop, lyric strewn tunes, some glitch, and of course sultry, and grimy. The cookbook is expected out sometime in 2023.

Sarah -

I love to play an arc of expression and exploration for ecstatic dances... ED Boston, I-Opener, and as a guest DJ at dances around the world. I also love to just drop into a festival time slot or a renegade offering with deep sultry beats (blues/fusion or world base)... immersing myself in the conversation between dancers and dj. journeyweaver.com

Steve -

I've recently reached a state of spectacular and sublime cluelessness. If I can communicate any of that in my sets it will be a lovely resonation.

Thea -

Tara Ma (aka Thea Izzi) is the founder and facilitator of Ecstatic Dance Providence and has been DJing in New England for over 10 years. She weaves an electronic tapestry of ethereal sounds, global rhythms, funky remixes and bass-y beats that will ignite all your chakras and bring you back home to your self. <https://www.facebook.com/djtarama>

Timbre -

salt
grit
algae
vegetal
slippery
crunchy
foamy
slow
quick
dreamy

YPP Minders & Mentors

Please see the Bulletin Board for names and photos.

Teen Program Staff

Please see the Bulletin Board for names and photos.

Special Events Facilitators

Rituals Facilitator

Sharemonies

DNE's "Sharemonies" ("sharing+ceremonies") are an opportunity to acknowledge and honor our individual and communal Life Passages. We mark life's phases and the transitions between them, celebrate the new humans who have joined us, and commemorate those who have passed. Join us as we pay tribute to the courage and effort needed to live through the changes we experience in this earthly journey and honor both the joys and heartaches that accompany these changes. *Find more information as to time & place on the bulletin boards in the Dining Hall.*

Contacts: Coordinators, Committee Heads & Members

The essence of DNE is collective volunteering. Help create future camps by contacting volunteering@dne.org & helping or joining one of these committees (esp. committees that were unfilled this year: this could be your time to make a difference.) For more/other information, info@dne.org.

Below are the people who made this Dance Camp happen. Give them your thanks!

The people listed first are coordinators or committee heads. The subsequent people are committee members. *Some of the roles were unfilled at the time of e-book production; ---- denotes this. It is entirely probable that there are names missing from this list. Please accept our apologies and contact Michael Swerdloff to make sure everyone's included in the future.*

Accessibility & Inclusion (A&I): Heidi Schauster & Michael Swerdloff,
accessibility@dne.org

Meetup Groups(aka Affinity groups): ---- affinitygroups@ dne.org
Announcements, At-Camp: ----
ArtSpace: on hiatus for 2022, artspace@ dne.org
Board of Directors: board@ dne.org
Board Administrative Assistant: Aileen Gildea-Pyne, aileen@ dne.org
Body Temple: bodytemple@ dne.org
Bookkeeper: Charlie Heath, bookkeeper@ dne.org
Bulletin Boards: Nancy Farber, Lian Heath, bulletinboard@ dne.org
Camp Coordinator: Kelly Blaser, kelly@ dne.org
Associate Camp Coordinator: ---- see the Photo Board
Assistant Camp Coordinator; Ryan Smart
Chores: Wendy Weinrich chores@ dne.org
Circles, Closing:Paul Freundlich, closingcircle@ dne.org
Circles, Opening: Erica Roper, -----, openingcircle@ dne.org
Communications Editorial Board: ----
Concerts (Live Music): Alice Heller, livemusic@ dne.org
Contact Improv Jams: Paul Spielman, contactjams@ dne.org
CreativeCorner: on hiatus for 2022, creativecorner@ dne.org
Camp Evaluations: Amanda Painter, Tymbre Pyne
evaluations@ dne.org
Directory: Charlie Heath directory@ dne.org
DJ Support: Neige Christenson, Sarah Levy, djsc@ dne.org
Email Lists: Carolyn Fuller, Aileen Gildea-Pyne, Timbre Pyne,
mailinglists@ dne.org
Equity (Compensation):, ----
Evening Activities: ----
Family-Friendly Evening Activities: ---- familyfriendly@ dne.org
Drum & Dance Fire Circles: David Cymbala, drumcouncil@ dne.org
Fee For Service/Healing Arts: Hava Glick feeforservice@ dne.org
Festival: Zoe Nardone festival@ dne.org
Floors Coordinator: Matt Shelton, Paul Spielman floor@ dne.org
Free U: Joann Lutz, freeu@ dne.org
Fundraising: Amanda Painter, fundraising@ dne.org
Green Guerrillas: Roy Heinz, Maggie Zellner environmental@ dne.org
Finance & Budget Committee: Steve Hayes (Treasurer), Charlie Heath,
(Bookkeeper), Kevin Benjamin (Board), Amanda Painter (Managing
Coordinator), Margaret Flinter, Nick Linksy (Board), Nancy Farber
(Board), Matt Shelton, budget@ dne.org
Health & Wellness: Lisa Kennedy, Jen Greene, health@ dne.org
Human Resources (HR): Samantha Armer, Timbre Pyne, Nancy Far-
ber, Nick Linksy, Michael Swerdloff, Amanda Painter, hr@ dne.org
HR admin: Carolyn Fuller
Kitchen: -----, kitchen@ dne.org
Lost & Found: Lauren Petteys, Judith Ginzberg, lostandfound@ dne.org

Mailing Lists: Carolyn Fuller, Timbre Pyne, Aileen Gildea-Pyne, Amanda Painter; also managing news@ dne.org emails.
mailinglists@ dne.org

Managing Coordinator: Amanda Painter, amanda@ dne.org

Managing Coordinator Trainer: Myla Green myla@ dne.org

Next Generation (NGC): Zoe Nardone, nextgeneration@ dne.org,
ngc@ dne.org

OBook (Orientation Book, the New e-OBook): Amanda Painter, Michael Swerdloff, Aileen Gildea-Pyne, obook@ dne.org

Orientation: see Opening Circle

Parking: Almira Ravil parking@ dne.org

Peace Council (PC): Samantha Armer (point person), Alan McAvinney, Beth Dennison, Gene Broadway, Joe Rad, Nev Levin, pc@ dne.org

Peace Council Admin Assistant: Carolyn Fuller, pc@ dne.org

Postcard: was designed by Casey Loomis

Publicity (for Camp): publicity@ dne.org

Registrar: Pre-camp: Samantha Armer, At Camp: Nev Levin, Mail & Checks coordinator: Gary Cannon registrar@ dne.org

Registration Committee: Samantha Armer, Myla Green, Timbre Pyne, Amanda Painter, Charlie Heath

Rides: Rhock (Rhonda) Harrison, rides@ dne.org

Rituals: Mareba Jos, rituals@ dne.org

Salsa: Zoe Nardone, salsa@ dne.org

Set Up: Rona Leventhal, setup@ dne.org

Shuttle (Golf carts): Dan Stratton, Shuttle@ dne.org

Signs: Kimberley Edwards-Rusli, signs@ dne.org

Sound & Lights: Timbre Pyne, soundandlights@ dne.org

Space Coordinator (spontaneous, at camp): ----

Store: Steve Regan, store@ dne.org

Take Down: Rona Leventhal takedown@ dne.org

Teachers Committee: Bill McAvinney, Doug Loeb, Zoe Nardone, Michael Swerdloff Jilsarah Moscovitz, teachers@ dne.org

Teachers Committee Admin Assistant: Jean Leto

Teen Committee: Lili Allen, Nancy Farber, Jim Doble teenscommittee@ dne.org

Teen Coordinator: ---- teens@ dne.org

Volunteer Coordinator: Michael Swerdloff, volunteering@ dne.org

Waterfront: Brian Davis, waterfront@ dne.org

Website Committee: Timbre Pyne, Samantha Armer, Kai Geffen, Aileen Gildea-Pyne, Kevin Benjamin, Keith Winston, Amanda Painter, webmaster@ dne.org Carolyn Fuller, info@ dne.org

WISH: Lisa Lewis, wish@ dne.org

Work Exchange: Samantha Armer, workexchange@ dne.org

YPP Committee: Nancy Farber, yppcommittee@ dne.org

YPP Coordinator: Daniel Greenberg, ypp@dne.org

Committee & Program Blurbs

Bazaar/Store

Our community Bazaar is an opportunity for vendors within our community to offer their goods for sale! There will be two different “bazaar days” near the Dining Hall from 11 am-7 pm. Vendors must be [DNE Members](#) and will contribute a 10% tithe on all sales to the scholarship fund.

Bazaar days:

- Saturday August 6
- Wednesday August 10

The Bazaar is an independent venture. DNE is not responsible for vendors’ merchandise or Store activities.

Body Temple

Body Temple is an indoor space dedicated to honoring the sacredness of being human incarnate. It is a space for body-positive activity, which may be led or co-created. The space is open to adults when no activities are scheduled in the space.

Guidelines for use will be posted on the door. We will gather to create a beautiful, cozy, warm, welcoming space. Campers are invited to bring something personal (pillows, fabrics, lighting) to add to the decor or lead a scheduled Body Temple event.

There are also facilitated offerings held at Body Temple scheduled by the Teachers Committee.

Bulletin Boards & At-Camp Communications

Bulletin Boards are located in Dining Hall:

Leadership On Call: 24 hours a day, there is someone “On Call” who is the go-to person for immediate-need problems and emergencies. Look on the Photo Board in the Dining Hall for who is on duty for On Call.

Affinity Groups Board: Join or begin one!

The Big Schedule: Changes happen; check it often. It’s in the Dining Hall. Only members of the Teachers’ Committee, Board of Directors, and Leadership On Call are allowed to post or make changes on the

Big Schedule.

The Big Map is posted for your assistance to find where you need to be next!

Fee for Service/Healing Arts Practitioners can post their hours and descriptions. Please see the Fee for Service Blurb.

Community Bulletin Boards are for ad hoc offerings, to find or leave a personal message, arrange a ride home, etc.

Announcements: Every night at dinner, we'll try to have someone reading announcements, outside if nice weather, in the Dining Hall if inclement. Place your (brief) news item in the announcement box located in front of the Dining Hall by 6:00pm.

Silent Announcements: Quietly shared announcements are welcome. For peaceful meals, if you would like to make an announcement, create a sign and carry it from table to table, or around the whole Camp.

Photo Board: Match faces to names of Leadership, Coordinators, Committee Heads, YPP, and Teen staff.

Suggestions: For general non-emergency comments, kudos, questions, or problems, leave a note in the book at the On Call section of the Photo Board. It is checked daily.

Closing Circle

Closing Circle is a moving meditation on the dance of community. The transitions between the end of Camp and life-as-we-know-it can be a challenge. Through words, song and dance, we quietly and joyously bring our experience full circle; a time to share with the community we have discovered, and a time of looking forward to the lives to which we return.

Contact Improv

Where do we practice Contact Improvisation? At a Jam, of course... and we have many jams here. Dancers of all experience levels are always welcome. It is especially important for beginners to arrive early. The warm-ups bring safety to your dancing. Contact Jams in the Barefoot Ballroom begin promptly as scheduled with a warm-up. Then the dancing environment evolves: from a silent focused jam, to Contact accompanied by a live musician, and around midnight, the CJ-DJ slowly morphs the event into a boogie. Additional Contact Jams are held in the Lodge and elsewhere. Some are pre-scheduled, some not. Often these are smaller, open-ended, and more like intimate drop-in events. Watch

the Big Schedule for when, where, and surprises: music, blindfolds, labbing, etc!

Concerts

We will have one Live Music Concert this year, Friday, Aug. 12, during the second week of camp. Talented community members only and special guests will collectively perform as the DNE House Band. Not to be missed!

Drum & Fire Circle

DNE is an amazing blend of culture and tradition, both old and new. Bring your drum and be ready to dive into a collaboration of styles that only DNE can mix up. If you prefer to dance, come inspire the drummers to follow your feet. Let's find new ways to improvise as a community, moving together in a juicy exploration. Saturday, Aug 6 and Thursday, Aug 11. For more information, consult the Bulletin Board the Dining Hall.

Festival

A beloved tradition, the [Festival](#) is a showcase for the creative talents of our community. Everyone is welcome but performer slots are limited, sign up early! Sign-up sheet and associated info will be in the Dining Hall.

Evaluations

Each year the Data Committee prepares a report concerning what went well at Camp and what needs improvement. Analysis of hundreds of Campers' responses to the online survey provides this key information to our leadership and committees. Expect to receive an email with a link to the survey in your email a week or so after Camp. Please fill it out as we use this data to inform Camp changes!

Fee for Service: Healing Arts/Bodywork

Many practitioners offer services like massage, acupuncture, chiropractic, counseling, dance lessons, etc., for a fee. See the Fee for Service Board in the Dining Hall for location, provider information and to set up appointments. To offer services: you must be an up-to-date [DNE Member](#); a 10% tithe is required, this helps fund the DNE Scholarship Fund. DNE does not endorse any of the body workers, nor does it verify their credentials, training, or backgrounds. DNE ***Campers who pay for a fee***

for service session at Camp do so at their own risk.

Free U

Some class times are reserved for Free U offerings, which are planned and led by community members, as a gift to the community. Proposals are solicited and reviewed by a FREE U committee prior to camp, and those selected are posted on the Schedule Board in the Dining Hall.

Green Guerrillas: Recycling & Composting

- We love our planet. Let's dance lightly on her.
- Please....eat all your food (takes energy to compost).
- Use your own water-bottle instead of single use cups.
- Turn off lights when done.
- Shake hands dry (instead of tree paper towel use).
- Use cabin and recycle bins around camp (no contamination of trash).
- Please use natural, non-toxic bug and sun lotion.
- Shower off lotion and bug spray before entering the lake (hose at main field).
- Please no signs screwed or nailed to living trees.
- No removal of plant life for camping purposes.
- Hug a tree every day!

Health & Wellness

- Wash hands thoroughly especially after: visiting the toilet, coughing, sneezing, and entering Dining Hall (use hand-washing buckets!).
- Do daily checks for deer ticks (magnifying glass and bright light, and scrub in the shower daily!)
- Get plenty of fluids, sleep, and rest—pace yourself.
- Be aware: use caution walking and riding on uneven terrain.

The Wellness Center

Our SELF-SERVICE Wellness Center has no medical staff. Maps to the hospital about 45 minutes away (*BayState Noble Hospital, 115 West Silver St., Westfield, MA, 01085*) and other clinics & pharmacies are posted. We expect you to provide your personal medications, sup-

plies, & safer sex supplies.

- The Wellness Center is available for you to manage your own health issues at Camp, and provides some basic conventional & alternative first aid supplies, over-the-counter medications, a refrigerator for medications (only), electric tea pot, hot packs and ice packs. We have limited supplies: take only what you need, and donate replacements.
- There are limited sleeping facilities in the Wellness Center for Campers who become ill at Camp. Bring your own bedding if possible. **Do not remove the few sleeping bags and sheets** for Campers who are suddenly ill & do not have their own bedding.
- **The bathroom facilities at the Wellness Center are only for ill Campers.** We ask supporting friends to clean bathrooms with bleach after any vomiting or diarrhea to prevent transmission to others.
- **If you test positive for Covid**, please isolate and leave Camp immediately. Do not stay in the Wellness Center, which is used by many Campers.
- CPR trained responders PLEASE NOTE: the air horn is being used to scare bears away it is NOT a call to an emergency.

If you test positive for Covid, please mask immediately, isolate, and leave Camp. Do not stay in the Wellness Center, which is used by many campers.

Lisa Kennedy, ANP-BC, (nurse practitioner) is at the Wellness Center at times posted on the door to assist with first aid/triage, or to consult on local clinic options to manage more serious illness.

Kitchen: Dining Hall & Meals

Meal Times

- 8:00am–10:00am Breakfast Bar
- 11:30am–2:30pm Lunch:Soup, Salad & Sandwich Bars
- 5:45pm–7:30pm Dinner

All food at Camp is vegetarian. Our goal is to provide food that is at least 75% organic. Much of our food comes from local farms.

Keep out of the Kitchen & Walk-In Refrigerators unless explicitly

directed by Kitchen Staff. If you are allowed to be in the Kitchen you are required to have on closed-toe shoes (and tops and bottom clothing).

- Clothing is required in the Kitchen (tops and bottoms and closed-toe shoes).
- Clothed bottoms are required in the Dining Hall.
- Everyone must wash (disinfect) hands:
 - When entering the Dining Hall.
 - Before handling food and cleaning dishware.
 - After touching any objects or surfaces, your face, your hair, clothes, other people, etc.
 - After sneezing, blowing your nose, or using the toilet.

The Dining Hall is a nexus for meals, info, connectivity, and temporary day storage of personal stuff. We want to move towards a pack-in, pack-out of belongings (around all of camp, in fact!) for safety & maintenance. Thank you in advance for your care and consideration.

Restricted Diets

If you did not sign up for restricted diet meal options, do not take these foods. There is only enough made for those who registered for them.

Personal Food (Fridges in Dining Hall)

- No coolers, hard or soft, are allowed in the fridges in the Dining Hall. Clearly label your food with your name & date.
- Do not keep or bring food in cabins or tents; there are bears and wildlife we don't want to tempt.
- Campers are not permitted to cook in the DNE kitchen or anywhere else on campus.

Kids' Meals

The food on the Kids' Table is only for kids age 12 and under. Parents of small children may take food from the Kids' Table for their child, but please take your own food from the regular line.

Dinner Circle

Approximately 5 minutes before dinner there will be a Dinner Circle. We invite anyone so inspired to lead us with a blessing, praise, or song.

Wristbands are required for entry into dinner. If you need to remove your wristband, keep it so you can show it to the dinner Line Monitor. If you lose it, don't worry, we don't want you to go hungry!! The Dinner Line Monitor will be happy to write down your name and wish you a bon appetit! After that you will have 24 hours to get a replacement during the hours that chores is open.

Donations

Many companies have donated wonderful goodies in the past to nourish our bodies. We'd love to have your help in organizing this for next year!

Dishes

- **Return all used dishes promptly** after eating. We will need to buy replacements for any missing or damaged items! We have limited numbers!
- We hope you brought your own dishes (and cloth napkins) if you plan to eat away from the Dining Hall and Lawn. Personal Dishes will be stored in a clearly marked area.
- **DO NOT LEAVE DISHES OR FPPD AROUND CAMP; IT IS TOO INVITING TO BEARS.**

Kitchen/Dining Hall Chores & Work Exchange

- Please be on time, sign in, put on an apron, and check in.
- If you are feeling ill, please inform the Kitchen or Dining Hall Staff prior to your shift's start time.
- **If you are feeling ill with [possible Covid symptoms](#)**, please alert the health advisor on call.

Lost and Found

Lost & Found will be located in the Dining Hall. Please check Lost & Found regularly, certainly before you leave Camp. Often campers find items they didn't yet realize were lost! Valuable items will be stored in a safe place. A notebook will be located at Lost & Found for listing lost items and contact info. DNE is not responsible for items lost or left behind, but a system is in place to facilitate reuniting campers with lost items, when possible, post Camp. Contact lostandfound@dne.org if you do leave camp but a belonging doesn't. **Seeking end-of-camp volunteers to transport Lost & Found items to the New Paltz / Hudson Valley area.** (See either the Managing Coordinator or Judith G

at Camp.)

Next Generation Council

The Next Generation Council (NGC) is a subset of DNE whose members identify as young people (roughly aged 13-35), and who are passionate about the future of DNE. The NGC aims to provide a loving and connected environment for its members, as well as to support the development of young adults. To that end, the NGC hosts events throughout the year, provides programming specific to its members' interests, and facilitates the increased involvement of young adults in DNE, thus creating a stronger community. With these actions, the NGC facilitates its members' confidence, growth, and responsibility, thereby enabling them to inhabit greater leadership roles both within DNE and their other Communities.

Opening Circle and Orientation

We open Camp again with connection, heart, dance, and movement, and as well, this year we have critically important information for us to all have our best, safest Camp!

No matter if you're brand new to Camp or have been coming since 1980, make sure you don't miss it.

e-Book, Big Schedules, & Maps

Historically, beginning in April, this committee volunteers hundreds of hours to provide the best informational program booklet. This year, with the new revision and moving toward electronic only, our timeline and committee membership has been a bit of an adventure. To all program Coordinators and Committee Heads and Proofreaders: you rock; we couldn't do this without you! And to our intrepid Managing Coordinator and Volunteer Coordinator, deepest appreciation for stepping in to catch all the blurbs. This committee has also been responsible for The Big Schedules and Maps. *The OBook committee is not responsible for errors or omissions. We welcome feedback -- and more members.*

Parking

Please park ONLY in designated parking spaces: NEVER block any roadway; access is necessary for emergency, supply and maintenance vehicles, to ensure that camp is child safe and pedestrian friendly.

ONLY a few cars with special permits will be allowed to park on cam-

pus. Follow the rules on the parking permit received when you arrive. Please write your name and cell phone number on your parking permit and place it in the front window of your car. Parking violations make camp unsafe, please respect the rules.

Rides

Ridesharing is fun, ecological and cost effective too! If you are seeking a ride or a rider, please make your desire known on the online Rides Board: www.tinyurl.com/DanceCampRides2022 If you have a car, please consider helping people get to camp from your town or even from the local bus station. If you won't know the exact timing of your departure from home until the week of camp, sign up now and Rhonda can connect you and potential riders closer to your departure. Rhonda Harrison will be our fabulous Rides Coordinator this year connecting people seeking rides with those offering rides. Rhonda can be reached directly at [rides@dne.org](mailto:rides@ dne.org).

Safety & Radios

Camp staff operate a campus-wide radio network, staffed 24-hours a day, that is our primary communication tool to coordinate emergency response. Radios are stored in waterproof buckets, lit up at night, suspended from trees around camp on the main roads. If you need help, please follow these steps to use an emergency radio:

- Take bucket off hook, remove lid, get radio out
- Turn on: on/off button is also volume, set to Channel 1
- Push and hold Talk button on right side of radio; hold the button down while speaking. Talk clearly and slowly.
- State these details: radio bucket number/location; your name; nature of the emergency
- Release to listen for a response. Wait 10-15 seconds.
- Repeat, if no response. A radio responder will respond shortly with instructions and let you know when help is on the way.

Salsa

Salsa Rueda:Teens and Young Adults. Lessons are offered every evening, beginning Thursday, Aug 4, 7:30–9:00pm in the Lodge. Salsa is easy to learn, social, and fun. We all learn to lead and to follow. There is a midnight salsa gathering in the Dining Hall that is open to all who want to join. Bring smooth-soled dance shoes or socks.

Set Up

The Set Up crew transforms Camp Timber Trails into the magical space of DNE. Participation is by invitation and requires a commitment to arriving early and working in the hours prior to Camp opening. If you're interested in finding out about next year's Set Up contact setup@dne.org.

Shuttles

A volunteer-driven golf cart shuttle system will run to support accessibility in our rugged location. Elders, adults with little ones, and folks with mobility challenges are given priority for rides. Please see signage on the Bulletin Boards for more details.

Sound & Lights

Providing sound reinforcement and lighting support for all Camp activities, such as evening boogies, and other music activities such as the festival/talent show and live concerts, the Sound & Lights Committee also supports sound reinforcement needs for classes.

Take Down & Leaving Camp

Our final activity together is Take Down, a time of energetic, community teamwork to "strike" our event. Everyone is expected to help with a 2-hour Take Down task, including Set Up participants and those coming for the 4-night-only and 6-night only options.

Take Down tasks are in addition to your regular Chores. Your contribution helps make this the strong community that it is!

- **If you are leaving before the end of Camp**, speak with the Take Down coordinator to coordinate how you can contribute.
- Committee Heads and Coordinators: you may work in your areas. Please notify the Take Down Coordinator that you'll do your Take Down there.
- Sign-up charts will start in the Welcome Center in the Chores area and will move to the Dining Hall on the last few days of Camp. Most Take Down tasks will occur on the last two days of Camp.
- There are a few paid Take Down and Post Take Down positions that require more than 2 hours. Contact the Take Down Coordinator or Camp Coordinator. We look forward to working with you!

All Campers are required to leave Camp by 4:00pm on the Last Day (Sunday, August 14). There will be a light lunch-in-a-bag for you to take with you for your post-Camp journey home.

Tech: Phones, Devices, & Internet

Please be mindful of the impact your use of technology has on others. Please remember:

- No device/phone use in or near the Registrar's office, Barefoot
- Ballroom, Lodge, and class spaces.
- The Dining Hall and Lawn are discouraged as tech-use spaces.
- Your device may interrupt others: keep it on silent, let it vibrate!
- Personal device use (quiet—please use headphones) is allowed in sleeping cabins with other occupants' permission, and non-program spaces.

There will be no DNE-run or supported WiFi on this site. *If you find your phone does not give you the access you need, please visit the [Tolland Library](#) which has DSL WiFi 24/7 access, and three public access computers. 22 Clubhouse Road, Tolland, MA 01034.*

Teen Program

The Teen Program is for those aged 13 through 17. Teens and staff co-create a schedule that includes teen-specific activities and workshops from a wide variety of teachers who bring unique offerings. Participation is 100% voluntary. Some activities are planned prior to Camp, and many are developed during Camp.

Waterfront

The rules of the Waterfront are written for everyone's safety. Swimmer safety is of utmost importance. Non-compliance with the rules can have serious risks and affect the camp experience for all campers. Breaking the waterfront safety rules and agreements may lead to you being asked to leave camp.

Waterfront Emergency

When a lifeguard blows a whistle 3 times, all swimmers must exit the water. A lifeguard may direct you to get the EMERGENCY RADIO.

Waterfront use while at DNE summer camp is supervised by a team of skilled and caring DNE lifeguards. Your lifeguards are also campers

and enforce all waterfront safety rules. Please read all rules and help the lifeguards keep campers safe. We all share the responsibility to maintain safety awareness when at the waterfront.

Waterfront Rules

Lifeguard hours are daily 9:00am–8:00pm, weather-permitting.

- Swimming after dark or when the lifeguards are not on duty is strictly prohibited. Campers who violate this rule may be asked to leave camp.
- All swimmers must swim only in designated areas.
- Flotation toys require lifeguard approval.
- Pushing, running, front or back flips, and handstands on the docks are prohibited.
- Diving into the water is allowed in designated areas.

Children and Teens at the Waterfront

- All Children 12 and under must pass a swim test to enter the deep water.
- All Children 12 and under may not be left at the waterfront without a parent or designated guardian present. Lifeguards are not allowed to be this adult.

Long Distance Swim

Limited to adults only, 18 and over. Permission is granted by the lifeguard on duty.

YOU MUST SWIM WITH A BUDDY, and must stay within sight of the lifeguards. Teens are allowed to go on a long distance swim with a PARENT (or their official guardian on record with registration) ONLY.

Early Morning Swim

Early morning swimming is dependent on the availability of a lifeguard. Typical early morning swim hour is 7:00–8:00am.

Boating

Boating hours are 10:00am–7:00pm, weather-permitting. **Note: boating closes earlier than swimming.**

Watercraft Rules

All watercraft use is at your own risk and contingent upon signing a waiver releasing DNE and the Waterfront staff from responsibility or liability. All boaters must sign out and sign back in with the lifeguard. By signing, you are agreeing to following watercraft rules:

- All boaters must wear an appropriately-sized and fastened life jacket, or PFD (Personal Flotation Device) AT ALL TIMES when boating.
- All boaters must stay in their boat. No swimming from your boat.

Children & Teen Boating Rules

- Campers aged 13 to 17 must get signed permission by parent or guardian to use watercraft without a parent or guardian present. This can be done at the waterfront with a lifeguard or upon arrival to camp.
- Campers aged 12 and under are only allowed to boat with a parent or designated guardian aged 18 or over.

Blueberry Island

- No tenting on Blueberry Island
- People must leave Blueberry Island by 7pm

Youth at Camp (YPP)

All minors not participating in programming are under the responsibility of their parents or guardians.

YPP offers a welcoming and lively experience for children 6 months to 12 years old (we encourage parents/caregivers with infants under 6 months to come play with us, too!).

Our caring, capable, creative staff put their whole hearts into designing a fun, friendly, safe, inclusive, and playful programs from 9 am-5:45 pm each day, except the middle Sunday, Aug. 7.

Activities may include arts & crafts, theater games, outdoor exploration, sports, music, dance, drumming, gymnastics, and more. An exciting change this year will be to have afternoons be for ALL-AGES, including adults. Activities may include tie dye, a scavenger hunt, canoeing, a mural painting, free swim and other waterfront activities.

Events & Classes in Daily

Order with Teacher Bios

Make sure to check The Big Schedule in the Dining Hall for late-breaking changes!

General information regarding Classes:

Despite our best-laid plans, change happens! Check the Big Schedule posted in the Dining Hall for daily changes!

For latest web version go to: tinyurl.com/2022DNESchedule

(Click on a Class to see class description & teacher bio.)

Scheduling & Abbreviations

Every class title has a number and abbreviation assigned to it. The class descriptions are listed sequentially by number. The abbreviation indicates the category that the class is under. We aim to distribute the classes within a category throughout the 10 days.

5R	5Rhythms	AD	African Dance
AM	Authentic Movement	ART	Art (Drawing, Painting, Writing)
BIO	Biodanza	BND	Boundaries
BR	Breathwork	BW	Bodywork
CI	Contact Improvisation	CUL	Cultural (Bellydance, Contra, Folk)
DR	Drumming	EC	Ecstatic
FF	Family-Friendly	HH	Hip Hop
JD	Journey Dance	JZ	Jazz. Blues
MM	Misc. (DNE Favorites, New to DNE)	MUS	Music (other than DR or SNG)
NAT	Nature (permaculture, deep ecology, nature/spirit)	NIA	Nia
PG	Personal Growth, Healing Arts	RW	Racism Workshop
SAL	Salsa, Salsa Rueda	SM	Soul Motion
SNG	Singing	SOM	Somatics (Alexander, Skinner Release, Feldenkrais, etc.)
TNG	Tango	TP	Technique Partner
TRA	Tantra	TST	Theater & Storytelling
Y	Yoga		

Feedback: Class Evaluations

Please fill out evaluation forms at the end of each class, found in boxes at each class site. The Teacher's Committee uses them to determine which teachers and classes are the most and least popular by the participants of each class.

A link to a survey will be sent in January about the community's favorite categories of classes to help create our next Camp.

Participation

Titles that are marked by * indicate you'll need back jacks or nesting materials. Read the class description for which to bring.

If you arrive late, or do not demonstrate the necessary level of skill for a class, the teacher has the right to deny you entry or ask you to leave.

Teachers may limit the size of their classes and establish clear guidelines for participation, including if nudity will be an option.

Please honor the teacher's authority and responsibility for safety and desire to effectively guide the class.

Prep for Class:

Please avoid the use of all scented body and laundry products to respect those who are chemically sensitive.

Read the course descriptions to make sure you are prepared (layered clothing, dancing shoes, mats, backjacks, etc.).

Editor's note: Teachers are responsible for what they write when they submit proposals. The OBook committee's responsibility is for formatting and keeping the OBook up to date until it goes to the printers.

Wednesday, August 3

Camp Opens at 3:00pm

Evening

Opening Circle & Orientation

Field Tent (good weather) 7:15–8:45pm

First Boogie

Main Space 9:00pm until....

Thursday, August 4

Morning

Y: Yoga For Dancers

Kimberley Edwards-Rusli Lodge 7:30–8:30am

After dancing our bodies tend to get tight. This slow deep Hatha Yoga Class will guide us in opening our bodies and spirits. There will be a focus on alignment as well as pranayama. Appropriate for all levels.

Kimberley is a long time yogi. She has studied Hatha and Iyengar

Yoga around the world, thus her classes have a deep focus on breath, pranayama, and alignment. She is the owner of the Padang Bai Yoga Bale in Bali.

Camp Wide I-Opener Dance

Sarah Monette Field Tent 9:30–11:30am

DJ Journey Weaver: welcome to a sweet morning of community movement expression! Beginning with an opening circle to invite full presence, then warmup stretching into our bodies, flowing into a DJ'd ecstatic dance wave with beats and melodies from around the world. Along with dance there's interactive art, kids corner, introspective altar, and live drumming!

Afternoon

AM: Authentic Movement

Paula Josa-Jones Barefoot Ballroom 1:00–3:00pm

Authentic Movement is a meditative, intuitive, improvisational movement practice involving a mover and a witness. It is a practice of listening, attunement; slowing and opening to sensing of body and psyche. AM uses movement and bodily listening to connect the bodyscape with the earthly landscapes that surround and support it.

PAULA JOSA-JONES MA, CMA, RSMET, SEP is a dance artist, author, somatic movement educator/therapist. She has taught in the dance programs at universities, colleges and dance festivals nationally and internationally. She is a Certified Laban Movement Analyst, a Registered Somatic Movement Educator and Therapist (RSMET) and Somatic Experiencing® practitioner.

TNG: ConTango Fusion

Erica Skye Roper Lodge 1:00–3:00pm

An exploration of connection and improvisational movement drawing inspiration from Contact and Tango. This class includes an introduction to the basic elements of Tango, conversations about Contact, a deconstruction of traditional roles of lead-and-follow, an exploration of improvisational movement, and the playful meeting with oneself, dance, partners, and music

Erica's first memory is learning folk dances with her grandparents, she began performing at ten, started Salsa at twelve, and Tango at nineteen. She teaches ConTango, Fusion, Tango, Rueda, and Taking-Back-Boundaries workshops. Erica continues to study dance and is working with Doug Pouliot to expand ConTango workshops across New Eng-

land.

CI: re-entering Contact with honest bodies

Neige Christenson Barefoot Ballroom 3:30–5:30pm

Open-level class for those wishing to stay conscious, careful and true to our honest bodies in Contact. This recent era of physical separation has impacted us all, heightening our awareness of proximity. Our nervous systems are always adjusting, and we will practice tracking our sensations while engaging in duet connections.

Neige Christenson, MA, has enjoyed over 30 years of exploring, teaching and performing Contact Improvisation, supported and enriched by the practice of Authentic Movement. She loves the way a duet can be a metaphor for human relationship and also be an abstract expression of life-force energy. Dance is her presence-practice.

BIO: Biodanza: the Art of Blissful Living!

Maira Martinez Field Tent 3:30–5:30pm

Circles, walks, dances, games, authentic encounters, music and silence . . . An invitation to explore gesture, the vocabulary that creates the songs of our lives. Reconnecting with simple movements, weaving our dances in passionate dialogues of humanity, we'll rediscover the blissful grace of being alive... together!

Maira is a naturally gifted teacher. She has a unique way of weaving poetry, science and movement into inspiring classes, leading us into profound blissful experience of connection. Director of Montreal- South-West of Quebec Biodanza School, she teaches workshops and trainings in Canada, France, Switzerland , Norway and USA.

Evening

Salsa Rueda

Lodge 7:30–9:00pm

Sunset Live Music at the Amphitheater

Thursday August 4 & Saturday August 13 7:30-9:00pm

The sun is setting over the lake, and this is the perfect time for our own musicians to perform acoustic music in the Amphitheater! Come listen to solo and group performances from flute, classical guitar, saxophone, percussion, vocals, and more, in an ideal space for an intimate after-dinner live music opportunity.

Contact Jam

Lodge 9:00-11:00pm

Boogie

Main Space 9:00pm until....

Friday, August 5

Morning

Y: Yoga for your aging body

Lisa Nigro Lodge 7:30–8:30am

Join me in deconstructing yoga poses down to their essential components to create an at-home practice that works for the body you're living in NOW. Using a chair as your ally, anything is possible! Accessible for all experience and fitness levels. Expect to be challenged...safely. Ample personal instruction/feedback given.

Lisa Nigro is a 60-year-old yoga instructor who has been teaching yoga for all ages and ability levels for 29 years. She has been focusing on accessible yoga for the past 10+ years.

JZ: Funky and Blues Jazz Class

Margaux Skalecki Barefoot Ballroom 9:30–11:30am

This class is all about you as a dancer inside a choreographed funky-blues piece. A full body warm up, dance fundamentals including dance positions, alignment, movement across the floor, basic turns and more. Some movement knowledge is best, yet all levels are welcome. Wear jazz shoes or bare feet.

Margaux Skalecki, BFA Dance, Boston Conservatory, MA Lesley University Expressive Therapies in shamanic psychology, healing and the performance arts. A choreographer in jazz and modern.

Margaux's 5 Rhythm medicine bag includes workshops in WAVES, Heartbeat & Sweat Your Prayers. Her CD is "Dancing On Holy Ground." www.Margauxskalecki.com

SNG: Safer Singing (with others)

Ben Silver Field Tent

9:30–11:30am

The need for self-expression is part of the human condition, and singing with others is an important part of virtually every culture in human history. Suddenly, doing so can be risky to our health.

We will explore ways to sing together while employing risk reduction. Most importantly, WE WILL SING!

Ben is a singer, musician, songwriter, vocal arranger and teaching artist who has been leading group singing, vocal improvisation, and other workshops for decades. Ben taught a class in CircleSong leading skills at Omega Institute and until the pandemic ran a monthly CircleSing in NYC for over nine years.

TST: Characters Within: Improv Play

Rona Leventhal **Lodge 9:30–11:30am**

Come explore the characters that live hidden inside of you! Through improv theatre and movement exercises we will let our imaginative minds and bodies explore in order to create characters “from scratch”... and then see if they have a story to tell. It’s a wild ride - come play!

Rona Leventhal is a Storyteller, Improvisational Theatre/Movement Specialist and coach. She’s been sharing her passion for the power of story for 30 years, from the national stage to libraries, here and abroad. Coeditor: Spinning Tales, Weaving Hope; CD “Into the Dark, Stories from the Shadows”: Gold Winner, Storytelling World

Afternoon

Free U Offerings: See The Big Schedule

All Locations 1:00–3:00pm

Beach Boogie!

At the Waterfront! (Weather-permitting) 3:30–5:30pm

Sarah & Samantha

Evening

Awards Ceremony

Dining Hall Tent 7:00-7:45pm

Salsa Rueda

Lodge 7:30–9:00pm

BTF: ConSensual: Touch + The Wheel of Consent

Moti Zelman **Body Temple 8:00–9:00pm**

At the core of Contact Improv is the constant dance of consent. We’ll be practicing this dance of saying and hearing “No” & “Yes” both verbally and non-verbally. Learning and incorporating Betty Martin’s “Wheel of Consent” we’ll explore being more deeply sensual, consensual, and present with each other.

Moti began practicing CI 34 years ago. For 26 years he has taught internationally. Desiring to integrate communication/intimacy skills in life and teaching he has studied NVC, Tantra, Butoh, BDSM, Byron Katie and most recently Betty Martin's "Wheel of Consent." Moti also co-directs Touch&Play festival at Earthdance and hosts www.contactimprov.com.

Silent Contact Jam

Barefoot Ballroom 8:30-10:00pm (approximate times)

Live Music Contact Jam

Stephen Katz Barefoot Ballroom 10:00pm

C.J.D.J

Barefoot Ballroom 12:00am

Boogie

Barefoot Ballroom 1:00am until....

Saturday, August 6

Bazaar: See Bulletin Board for location and time

Morning

CI: Curbside Contact - with Props

Moti Zelman Barefoot Ballroom 9:30-11:30am

Over the pandemic I led weekly masked dances using props to keep distance. For those just re-entering the world of touch we start this class using bamboo poles and ropes to create ways to feel resistance and counterbalance with our partners while maintaining physical distance.

Moti began practicing CI 34 years ago. For 26 years he has taught internationally. Desiring to integrate communication/intimacy skills in life and teaching he has studied NVC, Tantra, Butoh, BDSM, Byron Katie and most recently Betty Martin's "Wheel of Consent." Moti also co-directs Touch & Play festival at Earthdance and hosts www.contactimprov.com.

CUI: Improvisational Bellydance

Chaya Aronson Field Tent 9:30-11:30am

In this class we will explore Improvisational Tribal Style Bellydance. We will learn a cued system of movement which will enable us, by the

end of the class, to dance together in a unified way that appears choreographed, and is truly improvised. Bring water, curiosity and an open heart.

Chaya Leia Aronson, RN, BSN has great passion for supporting women and womb-bearers to connect more deeply with our health, pleasure and vitality. Chaya maintains a practice offering in person and virtual work with clients in Western Massachusetts offering Maya Abdominal Massage, Holistic Pelvic Care and Health and Sexuality Coaching.

Afternoon

Forum 1: In-Person Events: Non-Camp & Member Dances

Main Space 1:00-3:00

It's time to join as a community to think about what other in-person events we'd like to create throughout the year. What would you enjoy? Would you want to participate in a gender- or race-specific weekend retreat? What about an NGC weekend at CTT? Want to design an event in the cold of winter? Let's talk about it! These are just a few examples of what are possible non-Camp events. Let's begin expanding DNE beyond summer.

Our member dances have been around for decades. At times they have flourished and nourished our community. Other times, not so much. Together we can check the pulse of our member dances, and consider what makes sense for our future as a community. Do you have thoughts on where our member dances fit into DNE's vision? What about co-sponsoring events with other dances and organizations that are not member dances? Do we want to continue to build relationships with other events across communities?

TRA: Expand Your Repertoire; Map Your Pleasure*

Brynn Bishop Barefoot Ballroom 3:30-5:30pm

Unlock the key to greater sensual variety, novelty, playfulness and discovery through the exploration of 6 Modalities of Touch. Then play a touch game to map your pleasure response! Clothing optional. Bring a blanket/pillow for comfort.

Brynn Bishop is an Intimacy Coach, Trauma-Informed Tantra Educator, and Attachment Re-Patterning Specialist. She empowers individuals and couples to rewire their brains to awaken greater self-love, confidence, connection, ease and pleasure. Brynn has limited openings for Intimacy Coaching and Attachment Re-Patterning sessions at camp.

Text her for more info: 339-707-0061.

5R: The 5 Rhythm's HEARTBEAT

Margaux Skalecki Field Tent 3:30–5:30pm

The first level of The 5 Rhythms is Waves. Once you are grounded and have the knowledge and tools of the 5 Rhythms, you are ready for HEARTBEAT, The map of the emotions: Fear, Anger, Sadness, Joy and Compassion. This workshop offers gateways and maps to express, release and expand.

Margaux Skalecki, BFA Dance, Boston Conservatory, MA Lesley University Expressive Therapies in shamanic psychology, healing and the performance arts. A choreographer in jazz and modern. Margaux's 5 Rhythm medicine bag includes workshops in WAVES, Heartbeat & Sweat Your Prayers. Her CD is "Dancing On Holy Ground." www.Margauxskalecki.com

Evening

Salsa Rueda

Lodge 7:30–9:00pm

Kid DJ

Dining Hall Tent 7:15-8:45pm

Drum and Dance Fire Circle

Fire Circle near Jaycee 9:00-11:00pm (approximate times)

Boogie

Main Space 9:00 until....

Sunday, August 7 NOTE: There is no YPP today.

Morning

Y: Flow Yoga

Chandra Cantor Lodge 7:30–8:30am

This gentle flow Yoga class will allow for plenty of personal self-expression. Chandra will help guide you inward to feel what is right for you in the moment. All levels are welcome.

Chandra has had a lifelong involvement in Dance, Yoga and the Movement Arts. She has been a full time Yoga teacher for over 25 years and currently teaches in the Northampton and Boston areas as well as

leading Retreats internationally. Her focus is on teaching embodiment, mindfulness and self-love.

BR: Breathwork for all levels*

Tara Green Field Tent 9:30–11:30am

This 2-hour breath workshop includes a brief introduction, breath-dancing, facilitated session and sharing/closing circle. Please bring back jack, blankets, pillows, or bolster, and water. If you have physical/mental health challenges, please speak with medical providers before participating in vigorous breathing exercises, AND inform Tara at the beginning of the workshop.

The compassionate and playful breathwork practitioner & trainer, Tara Nieves Green, has had the honor of supporting thousands of people in individual and group breathwork sessions since 2003. It is her passion and joy to support you to deepen your breath and access ease and grace on your path!

ART: Channeling the Goddess thru Writing

Robyn Vogel Body Temple 9:30–11:30am

This class has the duo purpose of learning and practicing the art of channeling the Goddess through a specific writing technique; along with gaining tools via the guidance of the Access Consciousness® questions. What else is possible when you let go of everything blocking your awareness. What else is possible?

Robyn is an international transformational workshop leader, intuitive energy healer, founder of Come Back To Love® and the Sex Magic and Manifestation course. She is an expert in all things intimacy. Robyn has trained therapists, and coaches in her unique experiential method which brings the emotional and the spiritual together.

Afternoon

CA: Capoeira - deceptive discourse

Bruno Trindade Barefoot Ballroom 1:00–3:00pm

Capoeira is a movement dialogue between partners. Throwing an attack is asking a question or presenting a puzzle, with many possible answers. We will learn what it means to follow the motto: “When I kick, I give you an opportunity to escape, but not the choice to stay put.”

Bruno is a lifelong martial artist, with beginnings in competitive Taekwondo and kickboxing. He has been training Capoeira since 2004,

and teaching in the Pioneer Valley for the past 7 years. He sees Capoeira as a refuge for interpersonal connection and joy and loves to share his passion.

AD: Congolese African dance

Funmi Chesney Field Tent 1:00–3:00pm

Go deeper into your core and connect with your mind body and spirit with the healing dances from Congo. Congolese dance is considered our “medicine dance” as it aids to open up mind, body, heart and soul. Through breathing, visualization, drumming, body isolation movement, foot work, dancers feel uplifted after class.

Funmilayo Chesney is a quadruple threat performing artist, dancer, choreographer, drummer and singer and is currently the Artistic Director of Fusha Dance Company since 1995. Funmilayo and Fusha Dance Company have graced the stages of Alvin Ailey, Harlem Stage, Lincoln Center to name a few teaching and performing African Dance.

PG: Introduction to Chinese Medicine

Marc Grossman Lodge 1:00–3:00pm

The basic concept of Traditional Chinese Medicine (TCM) is that a vital force of life, called Qi, surges through the body. Any imbalance to Qi can cause disease and illness. Balance between health and disease is key. TCM treatment seeks to restore this balance through treatment specific to the individual.

A leading holistic eye doctor a frequent speaker at integrative medical conferences and author of 5 books on Natural eye care Marc Grossman, Doctor of Optometry and New York State Licensed Acupuncturist and in practice for over 40 years. Has taught at DNE, Omega Institute and Kripalu Center etc

Follow Your Bliss: Free Time

...wherever you find yourself! 3:30–5:30pm

Evening

Orientation for 2nd week arrivals

Dining Hall Tent 7:15–8:45pm

Salsa Rueda

Lodge 7:30–9:00pm

BTF: 3 Minute Game

Brynn Bishop

Body Temple 8:00–9:00pm

Awaken more permission, self-expression and nourishment through this structured, playful exploration. Experience the empowerment, liberation and mutual pleasure of consensually giving and receiving the touch you desire and none that you don't. clothing optional (undies required)

Brynn Bishop is an Intimacy Coach, Trauma-Informed Tantra Educator, and Attachment Re-Patterning Specialist. She empowers individuals and couples to rewire their brains to awaken greater self-love, confidence, connection, ease and pleasure. Brynn has limited openings for Intimacy Coaching and Attachment Re-Patterning sessions at camp. Text her for more info: 339-707-0061.

Contact Jam

Lodge 9:00-11:00pm

Boogie!

Main Space 9:00pm until....

Monday, August 8

Morning

Ecstatic Dance

Main Space 9:30–11:30am

Ecstatic Dance is a Freeform Conscious Dance. As soon as you enter the space, you are invited to let go of judgements and expectations, and allow yourself to feel your emotions, sensations, body, mind, and spirit. Because this is a safe space for movement and expression, please no talking (body language only!). All freedom of expression is welcomed, and there is no 'right and wrong' here. Trust in the journey and move through everything that arises.

Afternoon

Sound Bath & Relax

Field Tent, August 8, 1:00-3:00

How would a relaxing afternoon in the Barefoot Ballroom listening to gentle, supportive live music and a DJ feel for you? Find a comfy place on the floor and let's enjoy a "Community Nap" together! We invite you to bring a blanket or mat if you have one. Ellen Santaniello will share her voice and various instruments, together with Dan Getman offering gentle, soothing music as DJ.

AM: Authentic Movement: two ways in

Neige Christenson Barefoot Ballroom 3:30–5:30pm

An opportunity to tune inward and explore our own intuitive movement, supported by non-judgmental witnessing. We will practice this in two ways: in dyads, alternating roles of mover and witness for a set period of time; and in open circle, moving freely between roles, finding our own timing and duration.

Neige Christenson, MA, has enjoyed over 30 years of exploring, teaching and performing Contact Improvisation, supported and enriched by the practice of Authentic Movement. She loves the way a duet can be a metaphor for human relationship and also be an abstract expression of life-force energy. Dance is her presence-practice.

ART: Honor Community Through a Collaborative Quilt

Sasha Bergmann Field Tent 3:30–5:30pm

Dance Camp can be a profound and sacred time. In a courageous space using guided movement and fabric collage, let's honor our experiences at Camp in a collaborative quilt. We'll tap into our quiet wisdom with color and pattern to art-iculate the gifts from this shared experience. No experience necessary.

Sasha teaches ceramics full-time to middle schoolers at BB&N in Cambridge, MA. She makes ocean-inspired pottery, is an Arts Activist, and a collaborative artist bringing communities of people together through sculptural projects. Sasha has been a personal chef, has 2 kids in college, & is author of a gluten-free cookbook.

Y: Partner Yoga

Chandra Cantor Lodge 3:30–5:30pm

This deep yet gentle class will introduce you to some wonderfully effective ways to experience yoga with a partner. Sometimes playful, sometimes challenging, and sometimes caring and relaxing, Partner yoga will deepen and expand your yoga practice. Bring a partner if you can, or we'll pair you up there.

Chandra has had a lifelong involvement in Dance, Yoga and the Movement Arts. She has been a full time Yoga teacher for over 25 years and currently teaches in the Northampton and Boston areas as well as leading Retreats internationally. Her focus is on teaching embodiment, mindfulness and self-love.

Evening

Salsa Rueda

Lodge 7:30–9:00pm

BTE: Intimate Puja Circle

Robyn Vogel Body Temple 8:00–9:00pm

In the Body Temple we will gather to open our hearts, connect with our bodies in a safe and consensual way and expand our capacities for loving. This tantra workshop is for everyone including those new to the practice. Your choice will always be honored. Come play!

Robyn is an international transformational workshop leader, intuitive energy healer, founder of Come Back To Love® and the Sex Magic and Manifestation course. She is an expert in all things intimacy.

Robyn has trained therapists, and coaches in her unique experiential method which brings the emotional and the spiritual together.

Masquerade Boogie!

Barefoot Ballroom 9:00pm until....

Tuesday, August 9

Morning

Y: Kundalini Yoga & Meditation

Ravi Sirois Lodge 7:30–8:30am

Kundalini Yoga “the yoga of awareness” we will chant to tune in and move in rhythm with the breath, preparing for meditation and a guided deep relaxation; please bring your yoga mat, all levels of yoga experience are welcome.

I have been teaching yoga and meditation on and off at DNE since the early days at Another Place Farm. Certified to teach Integral Hatha Yoga in 1975 then Kundalini yoga in 1989. I love yoga for the holistic benefits it promises and delivers. breath, move, meditate and feel great.

JD: JourneyDance: Access your freedom and ecstasy

Suzy Spivey Field Tent 9:30–11:30am

JourneyDance™ is an invitation to move through deep, personal exploration into open-hearted, ecstatic celebration and joy. Integrating dance, guided visualization, free expression, and ritual, you will be led to explore your internal world, embrace all parts of yourself, feel your

aliveness, and freely express your body, heart and divine spirit.

Suzy Spivey began teaching Journey Dance in 2007 and has taught as seasonal staff at the Omega Institute for 12 years. Her greatest joy is found on the dance floor and brings an acceptance and openness that makes others feel safe to express themselves fully.

TP: Fusion Partner Dance: Beyond the Basics

Helen Tocci Lodge 9:30–11:30am

In this advanced class, we will bring our focus to creative expression, musicality, and greater awareness of touch/tono to take our dancing to the next level. Must have experience with partner dance and a good sense of lead/follow connection. Celebrate and share your unique movement and make every dance a joy!

A professional dancer, vocalist, yoga and movement teacher from NYC, Helen has spent the last 20 years traveling internationally teaching dance, CircusYoga, and performing with her band. She is a passionate improviser who creates safe, dynamic and fun environments for experiencing the joy of dance in community.

Afternoon

BIO: Biodanza - Rhythm and Melody

Caroline Churba Field Tent 1:00–3:00pm

The class will guide participants through slow, then increasing the pace to fast rhythms. We shall enjoy the change of rhythm then progressively the class will be guided through the music to melody.

Participants will be invited to dance in pairs, with the group or alone. Everyone may choose.

Caroline has been involved in Biodanza since '80s, facilitating in: South America, Africa, Europe. She has fallen in love with everyone at DNE and since 2008 has been facilitating Biodanza in Rhode Island, USA. Her classes have a strong influence of South American and African Rhythms and are lots of fun!

BW: Thai Foot Reflexology*

Ariela Grodner Barefoot Ballroom 3:30–5:30pm

We are fully affected in our entire body by the condition of our feet. In Thai Foot Massage, we will focus the entire class on the lower extremities. Stretching the feet and legs in all directions, working the points and meridians and bringing deep rest to the whole

body. Bring mats or blanket.

Ariela began her experience as a teacher in South India in 1992 , where she taught Yoga in prisons and in tribal villages. She is the Author of “Ayurveda and Thai Massage” and currently teaches Thai Massage at the Florida School of Massage and workshops worldwide.

BR: Ecstatic Dance and Clarity Breathwork

Tara Ma Field Tent 3:30–5:30pm

Dance to Ecstatic beats then transition to a guided Clarity Breathwork meditation. Conscious dance combined with Clarity’s gentle style of rhythmic Breathwork allows you to access your body’s natural healing abilities. Tara Ma guides you through the process with her compassionate voice, and carefully selected music to enhance the experience.

Tara Ma (Thea Izzi) is a visual artist, vocalist, Ecstatic Dance DJ and facilitator and founder of Ecstatic Dance Providence. She is passionate about helping people journey back home to their bodies and reconnect with their core, divine selves through breath, movement and music.

RW: Secret Asian Man: Forgeries

Dev Luthra Amphitheatre 3:30–5:30pm

Secret Asian Man is an autobiographical piece storying Dev’s experience as a creature of two cultures, played out in his relationship with his father. It engages with the tyranny of being containered/labeled, and proposes the ‘space between’ as a viable alternative. The performance is bookended with audience interactive scores.

Dev has been a working actor and teaching artist since 1978. Both his parents were raised in Africa – Zambia and Kenya, which is where his father was born. He trained at East 15 Acting School, London and at Shakespeare and Company, Lenox. He is a father, grandfather and husband.

BTE: Exploring Intimacy: A Tantric perspective

D’Arcy Bruning-Haid Body Temple 8:00–9:00pm

Creating a sacred space to initiate deep ritual to connect with our inner lover by integrating the feminine & masculine energies within. By honouring our bodies as a temple, we re-connect with ourselves and the divine.

D’Arcy’s passion lies in bringing large groups together to celebrate our deepest connection to ourselves and each other. A Body psychotherapist, Healer, Tantric teacher and Transformational dance facilitator, Writ-

er and Midwife to the soul. Travelled the world to discover what heals and transforms, weaving it into her classes & life.

Evening

Awards Ceremony

Dining Hall Tent 7:00–7:30pm

Orientation for Last 5 arrivals

Dining Hall Tent 7:15–8:45pm

Salsa Rueda

Lodge 7:30–9:00pm

Contact Jam

Lodge 9:00–11:00pm

Boogie!

Main Space 9:00 until....

Wednesday, August 10

Morning

CI: Wonder-Fall

Brando Field Tent 9:30–11:30

TRA: The Art of Seduction & play

D'Arcy Bruning-Haid Lodge 9:30–11:30am

Seduction & play are valuable skills, how we use them is up to us. We will explore & tap into our inner power and desire to unleash our charm, connection and vulnerability to discover the unmet needs. Creative & playful Tantric exercises offered to seduce and be seduced with consent.

D'Arcy's passion lies in bringing large groups together to celebrate our deepest connection to ourselves and each other. A Body psychotherapist, Healer, Tantric teacher and Transformational dance facilitator, Writer and Midwife to the soul. Travelled the world to discover what heals and transforms, weaving it into her classes & life.

Afternoon

CI: Trios in Contact Improvisation

Alyssa Lynes

Barefoot Ballroom 1:00–3:00pm

Groups of Three! What does it look and feel like to be creating a context of care and be supported by two people through the dance? Clear communication will be encouraged and practiced so as to enhance our awareness of consent, creative choices, vigor and fun within the dynamic trios.

Alyssa Lynes (dancer, teacher, life & relationship coach) has taught Contact Improvisation internationally, co-directed the CI film, “Five Ways In”, co-founded the first US Touch and Play festival, and is published in Contact Quarterly: “Awareness, Engagement, and Resilience” and in the book: Getting Along: Skills for Life-Long Love. www.AlyssaLynes.com.

NI: QI Gong infused Somatic fitness (Nia)

Alice Heller Field Tent 1:00–3:00pm

Combining dance, martial arts, yoga and mindfulness, Nia tones body and transforms mindset. A holistic fitness practice addressing body, mind and soul. Nia is based on the intelligent design of the body that engages your senses and helps you listen to your body- set to soul stirring music -all levels

Alice Heller, a Nia Brown Belt, Moving to Heal instructor and dance teacher, has been studying all forms of dance/movement forms: Yoga, jazz, creative movement, QI Gong, African dance and Nia. Besides Nia, she teaches music & movement to young children and African dance classes to all ages. www.alicehellerdance.com

DR: Afro-Latin Drumming

Cornell Coley Lodge 1:00–3:00pm

Hands-on class about African and Caribbean rhythms, using drums, bells, shakers and scrapers. Singing is encouraged. Touching upon Kuku, Bomba, Kpanlogo, Capoeira and basic West African 6/8. Some experience is preferred. Instruments will be provided.

Cornell Coley is an experienced, award-winning percussionist, dancer and teacher – drum circle facilitator plus West and Central Africa, the Caribbean, Brazil and the USA. He is a trained HealthRHYTHMS facilitator and certified by the Drum Circle Facilitators Guild. A DNE teacher for over 18 years.

Beach Boogie!

At the Waterfront! (Weather-permitting) 3:30–5:30pm

Timbre & Brando

Evening

Salsa Rueda

Lodge 7:30–9:00pm

Festival

Main Space 7:30-10:30pm

Boogie

Main Space 11:00-....

Thursday, August 11

Morning

Y: Yoga of Energy Flow: Cultivating Radiance

Daniel Orlansky Lodge 7:30–8:30am

Drawing from Kundalini Yoga, Meridian Yoga, and Kali Ray TriYoga, Yoga of Energy Flow is a unique yoga method. We will work with pranayama, vinyasa, asana, and Qigong, to experience simple but powerful ways to increase and balance the flow of pranic energy through our body, mind, and spirit.

Daniel Orlansky, a yoga teacher since 1992, is the director of Boston University's yoga teacher training, and the originator of Meridian Yoga. Certified in three styles of yoga and Shiatsu Massage, he teaches in America and internationally, bringing an open-hearted approach to his classes and trainings.

MM: Passing perspective: an Improvisation class

Alyssa Lynes Barefoot Ballroom 9:30–11:30am

In this workshop we will explore ways to express ourselves through movement, drawing, free-flow writing, sounding, and speaking and respond in one medium to another, passing perspectives creatively. These moment-based explorations may support a sense of integration of dance camp experiences and provide opportunities for creativity, healing, and fun.

Alyssa Lynes (dancer, teacher, life & relationship coach) has taught Contact Improvisation internationally, co-directed the CI film, "Five Ways In", co-founded the first US Touch and Play festival, and is published in Contact Quarterly: "Awareness, Engagement, and Resilience"

and in the book: Getting Along: Skills for Life-Long Love. www.AlysaLynes.com.

BR: Unity Breathwork*

Amy Dawn Verebay Field Tent 9:30–11:30am

Unity breathwork is an experience in conscious, connected breathing in community. This unique experience entails sitting upright in a circle, breathing continuously in a container of acceptance and compassion. Please bring a blanket and/or a pillow for comfort.

Amy Dawn discovered breathwork 21 years ago while studying natural healing and living in Montréal. She trained over 5 years in the modality now known as I-Wave (i-wave.love). She combines movement, voice and breath to help people gain powerful insight to transform their unconscious patterns and live more joyful lives.

SNG: Breath, Body, and Sound Connection

Randall Williams Lodge 9:30–11:30am

The origin of our vocal expression begins in our imperative to breathe, and then to express ourselves. The core of our being is in our breath, and our expression is in how that breath leaves our bodies. Come explore the raw somatic impetus that informs our voices and our song.

Randall left the European opera scene and the touring songwriter circuit. The search for more heartfelt, alive and connected community lead him to contact improv and ecstatic dance. He's a traveler by land, air and sea who still has no idea what he wants to be when he grows up.

Afternoon

Forum 2: Improvisational Theater - Boundaries & Consent

Barefoot Ballroom, August 11, 1:00-3:00

How do we promote safety and respect in our community? What would a culture of consent and a celebration of boundaries look like? Consent is influenced by power dynamics related to race, gender, ability, class, organizational hierarchies, and more. In this forum, a group of performers from the community will offer improvisational theater and other facilitated activities to explore and dialogue around this topic. The goal of this forum is to develop shared skills and shared language for community growth. Come to listen, share, and be part of the experience as we grow!

CI: Contact Dojo

Patrick Crowley Barefoot Ballroom 3:30–5:30pm

We will explore rolling, falling, flying, and movement pathways in contact with others. The slow and subtle brings us to the big and enthusiastic. Centering, ease, perception, inertia of motion, solo/lead/follow, reflexes, experimentation, readiness, rigor, heart, and enlivening will all be in the mix. States, skills, scores/Underscore, life learnings.

Patrick Crowley has danced Contact Improvisation for 38 years. He has taught nationally and internationally. A coordinator of the Global Underscore, he worked closely with Nancy Stark Smith until her death in 2020. He has a background in contemporary dance, Body-Mind Centering®, bodywork, yoga, theatre, contemplative practices, expressive arts, martial arts.

SOM: CI Applied in a Therapeutic Context

Brando Field Tent 3:30–5:30pm

Many of the physical principles and collaborative structures within CI are radical for the therapeutic context and thus are missing from most health care practices. We postulate these tools for somatic attunement, co-regulation, and agency could serve as meaningful enhancements to the therapeutic alliance and the therapist's range of offerings. In this class we will investigate the application and outcomes of CI applied in a therapeutic context.

Brando, LCSW, M.ED, teaches workshops internationally. He has trained with Tom Myers, creator of Anatomy Trains Structural Integration. Brando has integrated the aspects of bodywork, movement, and clinical social work a practice he calls Body&Being. These elements have become essential to Brando's healing approach. For more information: BodyandBeing.net

PG: Dialing Down Anxiety with Herbs

Jen Green Lodge 3:30–5:30pm

We can all benefit from dialing down some of the fear and anxiety that has come with the pandemic. In this workshop we will focus on our plant allies, tasting different herbal teas for anxiety and learning about the unique healing properties of each plant.

Jen Green is a Naturopathic Doctor who provides consultations for integrative cancer care, survivorship care and mental wellness in Bloomfield, Michigan. She serves as a Research Director of www.KNOWoncology.org and has studied herbal medicine for 25 years. She believes

that human health and the health of the planet are one.

Evening

Salsa Rueda

Lodge 7:30–9:00pm

BTF: Polyamory Playground

Alyssa Lynes Body Temple 8:00–9:00pm

This will be a playful workshop to explore ‘ethical polyamory’ through connecting with ourselves and others in a safe guided container. Through conversation and games we will play with presence, touch and movement aiming to expand our capacities for intimacy with multiple people at the same time. Everyone is welcome.

Alyssa Lynes (dancer, teacher, life & relationship coach) has taught Contact Improvisation internationally, co-directed the CI film, “Five Ways In”, co-founded the first US Touch and Play festival, and is published in Contact Quarterly: “Awareness, Engagement, and Resilience” and in the book: Getting Along: Skills for Life-Long Love.

www.AlyssaLynes.com.

Silent Contact Jam

Barefoot Ballroom 8:30-10:00pm (approximate times)

Live Music Contact Jam

Barefoot Ballroom 10:00pm

Stan Strickland

C.J.D.J

Barefoot Ballroom 12:00am

Boogie

Barefoot Ballroom 1:00 until....

Drum and Dance Fire Circle

Fire Circle near Jaycee 9:00-11:00pm (approximate times)

Friday, August 12

Morning

Y: Yoga of Energy Flow: Cultivating Radiance

Daniel Orlansky Lodge 7:30–8:30am

Drawing from Kundalini Yoga, Meridian Yoga, and Kali Ray TriYoga, Yoga of Energy Flow is a unique yoga method. We will work with pranayama, vinyasa, asana, and Qigong, to experience simple but powerful ways to increase and balance the flow of pranic energy through our body, mind, and spirit.

Daniel Orlansky, a yoga teacher since 1992, is the director of Boston University's yoga teacher training, and the originator of Meridian Yoga. Certified in three styles of yoga and Shiatsu Massage, he teaches in America and internationally, bringing an open-hearted approach to his classes and trainings.

Camp Wide I-Opener Dance

Sarah Moenette Field Tent 9:30–11:30am

DJ Journey Weaverd: Welcome to a sweet morning of community movement expression! Beginning with an opening circle to invite full presence, then warmup stretching into our bodies, flowing into a DJ'd ecstatic dance wave with beats and melodies from around the world. Along with dance there's interactive art, kids corner, introspective altar, and live drumming!

Afternoon

HH: Hip Hop Fusion

Amy Kotel Barefoot Ballroom 1:00–3:00pm

With a strong backbone of Hip-Hop and Hip-Hop Jazz, Amy will co-mingle her 30 years of dance experience with a variety of genres including, but not limited to, ballet, modern, contact improv, post-modern, Barre, and African, to create unique class of choreography that feels great to the body and soul.

Amy has studied dance since 1991 and taught dance since 1995. She is a choreographer/dancer, teacher, artist, puppeteer, personal trainer, mom, partner, and community member. She is a certified k-12 dance teacher, has taught dance in all types of settings and loves translating movement so that all can participate safely.

BW: Thai Massage

Ariela Grodner Field Tent 1:00–3:00pm

Thai Massage is an ancient form of body work in which one uses the whole body and heart to utilize maximum benefit. The feet, elbows, forearms and more, are what help the flow and grace manifest itself in an authentic and inquisitive dance. Join us for a beau-

tiful exchange

Ariela began her experience as a teacher in South India in 1992 , where she taught Yoga in prisons and in tribal villages. She is the Author of “Ayurveda and Thai Massage” and currently teaches Thai Massage at the Florida School of Massage and workshops worldwide.

TRA: Liquid Love (A Touch&Play Taster)

Moti Zemelman Lodge 1:00–3:00pm

We pour warm coconut oil onto your naked skin and together we float in a sea of oily bodies. Allow yourself to be moved without intentions or sexual orientation. Love and be loved in an impersonal and unbound manner. (Everyone invited to respect their own limits to touch and nudity)

Moti began practicing CI 34 years ago. For 26 years he has taught internationally. Desiring to integrate communication/intimacy skills in life and teaching he has studied NVC, Tantra, Butoh, BDSM, Byron Katie and most recently Betty Martin’s “Wheel of Consent.” Moti also co-directs Touch&Play festival at Earthdance and hosts www.contactimprov.com.

Beach Boogie Rain Date!

At the Waterfront! (Weather-permitting) 3:30–5:30pm

Evening

Salsa Rueda

Lodge 7:30–9:00pm

BTE: Body Temple Tantric Alchemy

Neko Three Sixty Body Temple 8:00–9:00pm

An immersive tantric puja to remember our interconnectedness and explore the interplay between animal self and divine Self with others.

Neko Three Sixty is a multi-faceted diamond witch alchemystic mama devoted to the path of awakening within the Grand Paradox and Great Mystery.

She has 15 years (& infinite lifetimes) of experience as a practiced Tantrika, Ecstatic Dance facilitator, DJ + Sound Healer, Reiki Practitioner, Herbalist, Tarot + Astrology reader.

Live Music: DNE House Band

Barefoot Ballroom 9:00-10:30

Boogie

Barefoot Ballroom 11:00 until....

Saturday, August 13

Morning

SAL: Rueda de Casino

Raphaela Moreno Barefoot Ballroom 9:30–11:30am

Rueda means “wheel” and “Casino” refers to a classic and evolving canon of Afro-Cuban dance moves executed by couples in a circle to salsa and timba music. Dancers learn the basic “calls” and stay engaged as the Caller improvises the order and sequence of these moves along with the music.

Raphaela Moreno has been a member of the DNE community since 2016. She has taught Rueda de Casino with the Salsa Rueda program at DNE, in the Western Mass community, and during her travels in Guatemala and the Bahamas, and has done more intensive training in NYC and Mexico City.

BIO: Biodanza: the Art of Blissful Living!

Maira Martinez Field Tent 9:30–11:30am

Circles, walks, dances, games, authentic encounters, music and silence . . . An invitation to explore gesture, the vocabulary that creates the songs of our lives. Reconnecting with simple movements, weaving our dances in passionate dialogues of humanity, we'll rediscover the blissful grace of being alive... together!

Maira is a naturally gifted teacher. She has a unique way of weaving poetry, science and movement into inspiring classes, leading us into profound blissful experience of connection. Director of Montreal- South-West of Quebec Biodanza School, she teaches workshops and trainings in Canada, France, Switzerland , Norway and USA.

Y: Vinyasa Yoga and Qigong: Awakening to the F

Daniel Orlansky Lodge 9:30–11:30am

Yoga and Qigong are paths up the same mountain, from which the “one moon” of higher consciousness can be experienced in its full brilliance. Cultivate strength and flexibility with yoga and suppleness with Qigong, to create a unified practice which balances yin and yang, heaven and earth, sun and moon.

Daniel Orlansky, a yoga teacher since 1992, is the director of Boston University's yoga teacher training, and the originator of Meridian Yoga. Certified in three styles of yoga and Shiatsu Massage, he teaches in America and internationally, bringing an open-hearted approach to his classes and trainings.

Afternoon

CI: Blindfolded Contact: A Veiled Voyage

Moti Zelman **Barefoot Ballroom** **1:00–3:00pm**

When we let sight go we're able to develop other senses and broaden our range of movement and sensation. In blindness we can let go of judgments, stories, agendas, and habits. Come experience the freedom of dancing blindfolded...See you there!!... I mean... I guess I won't SEE you!!

Moti began practicing CI 34 years ago. For 26 years he has taught internationally. Desiring to integrate communication/intimacy skills in life and teaching he has studied NVC, Tantra, Butoh, BDSM, Byron Katie and most recently Betty Martin's "Wheel of Consent." Moti also co-directs Touch&Play festival at Earthdance and hosts www.contactimprov.com.

5R: 5Rhythms ~ dynamic movement practice for all!

Michael Griffith **Lodge** **1:00–3:00pm**

Gabrielle Roth's 5Rhythms® is a dynamic movement practice rooted in the principle: "if you put the psyche in motion it will heal itself" (GR). Come bring yourself, however you are - all you need is a willingness to move! Come dance the dance only you can do! Creativity. Connection. Community.

For 16+ years, the 5Rhythms practice has helped me to meet myself with love, to bring embodied presence, awareness and clear, loving action into my life. I'm dedicated to bring my love of the dance and offer this class as sacred space for us to meet ourselves together and dance!!!

NAT: Naked Walk in Nature

Allison Arnold & David Oehl **Body Temple** **1:00–3:00pm**

Clothing and shoes optional as we walk in the woods together. Various activities guided along the walk to encourage new ways of looking at the world around us and our role in it. No experience necessary. Opening and closing circle.

Allison Arnold is a bodyworker in Northern California with a background in breathwork, meditation, Hakomi, and a variety of other contemplative and mindfulness practices. David Oehl is an avid hiker and practicing Quaker who works as a physical therapy assistant, organizes contact jams, and loves comedy and comedy improv.

Free U Offerings: See The Big Schedule

All Locations except Field Tent 3:30-5:30pm

Evening

Salsa Rueda

Lodge 7:30–9:00pm

Sunset Live Music At The Amphitheater

Thursday August 4 & Saturday August 13, 7:30-9:00pm

The sun is setting over the lake, and this is the perfect time for our own musicians to perform acoustic music in the Amphitheater! Come listen to solo and group performances from flute, classical guitar, saxophone, percussion, vocals, and more, in an ideal space for an intimate after-dinner live music opportunity.

Boogie! Last Chance Dance

Barefoot Ballroom 9:00pm-2:00am

Sunday, August 14

TAKE DOWN!

Do your part to help the community put Dance Camp 2022 away for another year. Join in Closing Circle at 2:30 pm for DNE's traditional sweet, final ritual of connection and closure.

All personal food out of fridges by 10:00am

All personal stuff out of cabins by 11:00am

Closing Circle at approximately 2:30

Don't forget to check Lost & Found for you beloved items

Keeping in Touch

Email, Directory, Social Media

There are email lists, the website, Directory, and Facebook page and groups, for keeping in touch throughout the year. To communicate with those in leadership, or for general information, email the coordinator, committee head, or body of leadership (see Contacts section).

DNE-NEWS

is moderated and for DNE official or related messages. All adults are subscribed who registered online, who have not opted out, as well as anyone who requests. During the year, the list may have 2-5 posts per month, with greater frequency as Camp approaches. Make sure you whitelist or add to your contacts: news@ dne.org so you don't miss anything!

DNE-REGISTERED

is used for crucial information about Camp. All adults who registered online are subscribed for the year. It is moderated and for only Camp-related messages, before, during, and after Camp.

CONNECT

is a community discussion list, varying in topics, open only to those who have participated in DNE events, and is self-moderated. connect@ dne.org

PARENTS

is a discussion list for parents, educators, and allies. Open only to those who have participated in DNE events, and is self-moderated. parents@ dne.org

DNE-Exploring Racism

is an official DNE email group for Exploring Race, open to all attendees of DNE camp and other DNE events. Unlike other DNE lists, due to the sensitive, emotional, and highly personal nature of the conversation, it is moderated to create a safe container to allow for a deep level of conversation, exposure, and humility. More information: <https://groups.google.com/a/dne.org/group/ExploringRacism/>

The DNE Directory

For personal use only (not business). An electronic copy is free for DNE Members or can be purchased by non-Members for \$5.00. Once your purchase or Membership is verified, you may download your copy. To get your Directory,

- Go to dne.org/members/ and:
- Log in using the email address/password you used to register for Camp;

- Once logged in, click Electronic Directory to download the PDF;
- Check the box confirming you aren't going to spam the community;
- Click the gray "get my directory" box;
- Save the PDF file to your computer.

If you do not see the electronic directory button after logging in, please contact members@dne.org to resolve your Membership or Directory purchase status.

Social Media

The DNE Facebook page is <https://facebook.com/dancenewengland>

Two *unofficial, community-run*, Facebook groups for those who enjoy social media and networking:

- This group is open to the public. <https://facebook.com/groups/2205098780/>
- A "closed" group was created for those who wish to not be quite as public. To join, you need to have participated in a DNE event. <https://facebook.com/groups/371452939597052>

Links, et cetera

Maps

DNE 2022 Map

<https://dne.org/wp-content/uploads/2022/07/DNE-MAP-2022-v0708-agp-scaled.jpg>

2022 Covid Policy

<https://dne.org/dance-camp/covid-policy-for-camp-2022/>

Possible Covid symptoms

https://docs.google.com/document/d/1ngsQ8VKsS_z296VYbIXGE-IUXYj4Och5Ogokjzj_GkCg/

Schedules

<https://dne.org/schedule/>

Rides Board

DNE's Mission Statement

<https://dne.org/our-mission-and-values-statement/>

Golden Rule, DNE-style

Dance New England respects all Campers as individuals, and acknowledges the integrity of self-determination, and as such, we suggest of all Campers—Youth, Teens, and Adults—to hold personal responsibility and community-mindedness in equally high regard.

Safety Statement

Our community values free expression, empowerment, equality, and safety.

We expect consideration from all of us when expressing ourselves, especially in shared spaces. Everyone is encouraged to establish and clearly communicate their own personal and physical needs/boundaries directly or with assistance.

DNE believes that each individual has the right to establish their own level and definition of personal boundaries.

We are a family community in which persons younger than 18 require adult guardianship. Guardians will assist in situations where young people's boundaries are being compromised or endangered, as well as to comply with our community standards.

Violence: Everyone is expected to treat others with respect. There is to be no violence, of any kind, at camp or at DNE events.

Fire: All fires need permission, in advance, from the Camp Coordinator due to the flammability of the terrain. All open flames, including candles must be approved and require adult supervision. The Camp Coordinator also gives permission for the fire circle and sweat lodge.

Waterfront: Essential safety information is in the OBook and posted at the waterfront. Make sure to read before venturing into our beautiful waters!

Personal Boundaries: By clearly communicating our boundaries, and by actively seeking consent, we act with respect to ourselves and others. You may not touch others without consent. If you are asked to

refrain from a particular type of touch, you must comply right away.

Supervision of Children: Guardians are expected to help their young people understand and abide by DNE policies, and participate in conflict resolution procedures.

Children under 8 should not be left alone at night under any circumstances. A designated adult/teen must be within easy earshot and must be aware that they are responsible for that child's safety and well-being.

We strongly discourage leaving children 8 to 10 years old alone at night. If you feel your child can handle being left alone, please discuss this with the child and make sure s/he knows how to find you or other help if needed. Failure to abide by these guidelines could result in an appropriate action against the parent or guardian involved.

Guardians are responsible for their young persons when not signed into or participating in a young people's/teen program. Please refer to documentation from the Young People's Program (YPP) and the Teens Program for more.

Taking Pictures and Video: Permission is needed before photographing or videoing people or classes. Be courteous and respectful. Do not photograph people who object.

If minors are in the frame, expressed consent of a parent or legal guardian is required in advance. Photography of classes is permitted only with the consent of the instructor and all participants.

Photography and videography of nude/partially nude persons should be done with special consideration of the sensitive nature of these images. Publishing or distributing these anywhere (internet, newsletter, website, youtube, postal mail, email, cellphone, etc.) without the express written consent of every recognizable individual in the shot is potentially illegal, and actions could be taken against the taker and/or poster of the images.

Illegal drugs and alcohol: Like all DNE dances and events, Dance Camp is drug-free and alcohol-free. Recreational drugs, alcoholic beverages, and illegal substances are strictly prohibited. We are subject to state and federal laws, of particular significance with respect to minors.

Next Steps

CARE (Compassion, Attention, Resources, and Empathy): Resources for self-care are available at the Peace Council table in the dining hall

including a sign-up for empathetic listening if you could use help to process a struggle.

Mediation: Experienced mediators are available to help in the resolution of conflicts which arise at camp and that directly affect campers' DNE experience. If you feel you need mediation, go to the Peace Council table in the Dining Hall for more information.

Peace Council: The Peace Council is a designated group who convene as needed when conflicts cannot be resolved by any other means. The PC deliberates on issues that involve:

The peace or safety of the entire camp or whole groups, Violation or interpretation of the DNE Safety Statement, Conflicts among DNE leaders or official committees, or Administration or interpretation of DNE Peace and Justice Policy.

Violations of the Safety Statement and Removal from Camp: When there is a violation of the Safety Statement, the Peace Council can require or recommend these types of actions:

1. Education (e.g. person needs training in racism sensitivity),
2. Restorative Justice/Reconciliation (to bring violator and violated together in a healing process, and/or to do something meaningful to make up for damage done),
3. Restraint or protection (e.g., to require someone to refrain from interacting with someone at camp), and 4. Suspension or expulsion from Camp or all DNE events. Failure to comply with a Peace Council ruling is grounds for being asked to leave camp.

For your personal protection and support, as well as for the safety of all, community members are urged to come forward if they observe or experience a violation of safety rules, community policies, or personal boundaries. Our collective safety is created through individual acts of trust, responsibility, and respectful communication.

Information about the DNE Peace and Justice Policy, including mediation and informal conflict resolution guidelines, is available at the Peace Council table in the Dining Hall, and online at

<http://tinyurl.com/dne-PandJ-policy>.

v2017

Body Temple Guidelines

The following guidelines are intended to allow for personal and consensual exploration within a safe context during

scheduled events and open unscheduled times.

- For hygiene sake, during clothing-optional times please bring something of your own to sit/lie on.
- Take 100% responsibility for your actions and your experience.
- You don't *have* to touch anyone or be touched, ever.
- Ask permission and receive verbal consent before you touch anyone. Be as specific in your request as you can.
- Be clear with your No. Be clear with your Yes.
- If you're a Maybe, say No.
- You are free to change your mind anytime you want. You are always free to leave Body Temple, even in the middle of an event and even if you came with a partner.
- Ask for 100% of what you want, 100% of the time.
- Be prepared for a No.
- Honor every No strictly and in every way.
- If you make a request and receive a "no" it may not be about *you*. Consider being given a "no" a gift. The person offering the "no" is respecting you and them self enough to be honest...and it tells you that you can trust their "yes".
- Consent is sexy! Consent is important! And, consent is absolutely necessary, both in the Body Temple and everywhere at Dance Camp.
- If you are uncomfortable with something, speak your truth.
- If you need support, ask for it.
- During unstructured time, Body Temple is NOT a space to engage in explicit sexuality - no genital contact, orgasm, moving arousal towards physical release, or any exchange of bodily fluids (other than saliva).
- Respect people's privacy - you may share about *your* experience and tell *only* your own story outside of Body Temple (unless you have specific permission to share).
- Enjoy yourself!

Glossary:

A & I Accessibility & Inclusion

BPC Board Purview Committee/s

CC Camp Coordinator

Chores Community in Action

CTT Camp Timber Trails, both the facility and the business

DHM Dining Hall Manager
FDNE Friends of Dance New England, LLC, which also is doing business as (dba) CTT
FFS Fee for Service
FinCom Finance Committee
HR Human Resources
MC Managing Coordinator
NVC Nonviolent Communication
PC Peace Council
RCD Board Recruitment and Development
RC or RegCom Registration Committee
TC Teachers Committee
VC Volunteer Coordinator
WF Waterfront
WISH Welcome, Information, Support & Hugs
YPP Young People's Program